Abstract

Title of Dissertation: Accretion onto Black Holes from Large Scales Regulated by Radiative Feedback

KwangHo Park, Doctor of Philosophy, 2012

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This thesis focuses on radiation-regulated gas accretion onto black holes (BHs) from galactic scales emphasizing the role of thermal and radiation pressure in limiting gas supply to the BH. Assuming quasi-spherical symmetry, we explore how the gas accretion depends on free parameters such as radiative efficiency, BH mass, ambient gas density/temperature, and the spectral index of the radiation. Our numerical simulations show an oscillatory behavior of the accretion rate, and thus the luminosity from the BH. We present a model for the feedback loop and provide analytical relationships for the average/maximum accretion rate and the period of the accretion bursts. The thermal structure inside the Strömgren sphere is a key factor for the regulation process, while with increasing ambient gas density and mass of BHs, eventually the accretion rate becomes limited by radiation pressure. The period of the luminosity bursts is proportional to the average size of the ionized hot bubble, but we discover that there are two distinct modes of oscillations with very different duty cycles, and that are governed by different depletion processes of the gas inside the ionized bubble. We also study how angular momentum of the gas affects the accretion process.

In the second part of the thesis, we study the growth rate and luminosity of BHs in motion with respect to their surrounding medium. We run a large set of
two-dimensional axis-symmetric simulations to explore a large parameter space of initial conditions and formulate an analytical model for the accretion. Contrary to the case without radiation feedback, we find that the accretion rate increases with increasing BH velocity $v$ reaching a maximum value at $v = 2c_{s,\text{in}}$, where $c_{s,\text{in}}$ is the sound speed of the photo-ionized gas, before decreasing as $v^{-3}$. The increase of the accretion rate with $v$ is produced by the formation of a D-type (density) ionization front (I-front) preceded by a standing bow-shock that reduces the downstream gas velocity to nearly sub-sonic values. Since the ionization front is beyond the classical Bondi radius for the hot ionized gas, in the BH frame of reference the accretion flow is similar to the stationary case. Interestingly, there is a range of densities and velocities in which the dense shell downstream of the bow-shock is unstable; its central part is destroyed and reformed intermittingly, producing a periodic accretion rate with peak values about 10 times the mean. This effect can significantly increase the detectability of accreting intermediate mass BHs from the interstellar medium (ISM) in nearby galaxies. For $v > 2c_{s,\text{in}}$ the central part of the bow-shock is not able to regenerate, the I-front becomes R-type and the accretion rate approaches the classical Bondi-Hoyle-Lyttleton solution. We find that the maximum accretion rate for a moving BH is larger than that of a stationary BH of the same mass, accreting from the same medium if the medium temperature is $T < 10^4$ K. This result could have an important impact on our understanding of the growth of seed BHs in the multi-phase medium of the first galaxies and for building and early X-ray background that may affect the formation of the first galaxies and the reionization process.
Accretion onto Black Holes from Large Scales
Regulated by Radiative Feedback

by

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Preface

The content of this thesis is drawn from three papers in a series published or to be soon published in the Astrophysical Journal. The main results of Park and Ricotti (2011) and Park & Ricotti (2012a) were presented as an oral dissertation presentation titled Radiation-regulated Accretion onto Intermediate-Mass Black Holes at the 219th Winter Meeting of American Astronomical Society in Austin, Texas (2012). Below is the list of the papers, where the first two have been published while the third paper is waiting to be submitted (as of May 30th, 2012) to the same journal.


Chapter 1 and 2 of this thesis are an introduction and numerical methods, respectively relevant for all three papers. Chapter 3 and 4 present the results in Park.
and Ricotti (2011) and Park and Ricotti (2012b) on accretion onto stationary BHs, while Chapter 5 presents the results for moving BHs in Park and Ricotti (2012b) in preparation. Summary and discussion of the results from all three papers are given in Chapter 6.
To my wife SueJean and our mothers
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I thank God for opening my eyes to the beautiful universe and for guiding me all through these challenging steps.

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Chapter 1

Introduction

The occurrence of gas accretion onto compact gravitating sources is ubiquitous in the universe. The Bondi accretion formula (Bondi 1952; Bondi and Hoyle 1944), despite the simplifying assumption of spherical symmetry, provides a fundamental tool for understanding the basic physics of the accretion process. Angular momentum of accreted gas, in nearly all realistic cases, leads to the formation of an accretion disk on scales comparable to or possibly much greater than the gravitational radius of the BH, $r_g \sim GM/c^2$, thus breaking the assumption of spherical symmetry in the Bondi solution. However, the fueling of the disk from scales larger than the circularization radius $r_c \sim j^2/GM$, where $j$ is the gas specific angular momentum, can be approximated by a quasi-radial inflow. Thus, assuming that numerical simulations resolve the sonic radius, $r_s$, the resolved gas flow is quasi-spherical if $r_c \ll r_s$. The Bondi formula, which links the accretion rate to the properties of the environment, such as the gas density and temperature, or Eddington-limited rate are often used in cosmological simulations to model the supply of gas to the accretion disk from galactic scales (Alvarez et al. 2009; Di Matteo et al. 2008; Greif et al. 2008; Kim et al. 2011; Pelupessy et al. 2007; Volonteri and Rees 2005).

However, the Bondi formula is a crude estimation of the rate of gas supply to
the accretion disk because it does not take into account the effect of accretion feedback loops on the surrounding environment. Radiation emitted by BHs originates from gravitational potential energy of inflowing gas (Shapiro 1973) and a substantial amount of work has been performed to understand the simplest case of spherical accretion onto compact X-ray sources or quasars. Several authors have used hydrodynamical simulations to explore how feedback loops operates and whether they produce time-dependent or a steady accretion flows. A variety of feedback processes have been considered: X-ray preheating, gas cooling, photo-heating and radiation pressure (Bisnovatyi-Kogan and Blinnikov 1980; Cowie et al. 1978; Krolik and London 1983; Milosavljević et al. 2009a; Novak et al. 2011; Ostriker et al. 2010, 1976; Vitello 1984; Wandel et al. 1984). Typically, the dominance of one process over the others depends on the BH mass and the properties of the gas accreted by the BH. The qualitative description of the problem is simple: gravitational potential energy is converted into other forms of energy such as UV and X-ray photons or jets, which act to reduce and reverse the gas inflow, either by heating the gas or by producing momentum driven outflows (Ciotti and Ostriker 2007; Ciotti et al. 2009; Proga 2007; Proga et al. 2008). In general, these feedback processes reduce the accretion rate and thus the luminosity of the accreting BH (Begelman 1985; Ostriker et al. 1976; Ricotti et al. 2008). Consequently, the time averaged accretion rate differs from Bondi’s solution. There have been works on self-regulated accretion of supermassive black holes (SMBHs) at the center of elliptical galaxies (Ciotti and Ostriker 2007; Ciotti et al. 2009; Lusso and Ciotti 2011; Sazonov et al. 2005) and radiation-driven axisymmetric outflow in active galactic nuclei (AGNs; Kurosawa and Proga 2009a,b; Kurosawa et al. 2009; Proga 2007; Proga et al. 2008).

Recently, there has been extensive work on radiative feedback by intermediate-mass BHs (IMBHs; for a review Miller and Colbert 2004; van der Marel 2004) moti-
vated by cosmological simulations which predict massive BHs as Population III star remnants (Abel et al. 1998, 2000; Bromm et al. 1999; Jeon et al. 2011; Johnson et al. 2012; Madau and Rees 2001; Oh and Haiman 2002; Schneider et al. 2002; Stacy et al. 2012; Whalen and Fryer 2011) or from direct collapse of primordial gas (Begelman et al. 2006; Carr et al. 1984; Fryer et al. 2001; Haehnelt et al. 1998; Johnson et al. 2011; Mayer et al. 2010; Omukai et al. 2008; Regan and Haehnelt 2009; Volonteri et al. 2008). The qualitative result is that radiation limits the gas supply to the BH from large scales, temporarily lowering its luminosity and hence allowing more gas accretion. This is clearly a self-regulated feedback loop that produces either a steady or a periodic variation of the BH luminosity (Li 2011; Milosavljević et al. 2009a,b; Park and Ricotti 2011, 2012a). However, Eddington-limited Bondi accretion rate is widely used as a typical accretion rate in cosmological or galaxy merger simulations (Alvarez et al. 2009; Blecha et al. 2011, 2012; Greif et al. 2008; Kim et al. 2011; Pelupessy et al. 2007; Volonteri and Rees 2005), sometimes with a proper introduction of free parameter which is a fraction of energy of in the form of feedback to match observations (Di Matteo et al. 2008, 2005; Springel et al. 2005). Recent theoretical (Milosavljević et al. 2009a, hereafter MBCO09) and numerical (Milosavljević et al. 2009b, hereafter MCB09) works explore accretion of protogalactic gas onto IMBHs in the first galaxies. MCB09 describes the accretion onto a 100 $M_\odot$ black hole from protogalactic gas of density $n_{H,\infty} = 10^7$ cm$^{-3}$ and temperature $T_{\infty} = 10^4$ K. Our study, which complements this recent numerical work, is a broader investigation of accretion onto IMBHs for a set of several simulations with a wide range of radiative efficiencies, BH masses, densities and sound speeds of the ambient gas. Our aim is to use simulations to provide a physically motivated description of how radiation modifies the Bondi solution and provide an analytical formulation of the problem (see MBCO09).
The rate of gravitational inflow onto stationary or moving point masses such as BHs or neutron stars has been described analytically in the 40s by Bondi-Hoyle-Lyttleton \textbf{[Bondi 1952, Bondi and Hoyle 1944, Hoyle and Lyttleton 1939]}. The generalized formula for the accretion onto a point mass moving with velocity $v$ is obtained from the Bondi formula by replacing the gas sound speed with an effective speed $v_{\text{eff}} = (c_{s,\infty}^2 + v^2)^{1/2}$. The accretion rate $\dot{M} \propto \rho v_{\text{eff}} \sigma_{\text{eff}}$ is then calculated the gas flux through an effective cross section $\sigma_{\text{eff}} = \pi r_{\text{eff}}^2$, where $r_{\text{eff}} = GM/v_{\text{eff}}^2$ is the size of the impact parameter where the effective velocity equals the escape velocity.

The formula reduces to the Bondi case for subsonic motions and to the Lyttleton formula for supersonic motions. Despite the similarities between the Bondi and Lyttleton formulae, in the second case the accretion onto the BH is not spherical: the gas streams past the BH and is gravitationally focused on the axis of symmetry of the problem. The component of the gas kinetic energy perpendicular to the BH velocity is converted into thermal energy and dissipated, thus the gas becomes gravitationally bound to the BH and is accreted from the downstream direction. Hence, the generalized Bondi-Hoyle-Lyttleton formula is

$$\dot{M}_{\text{BHL}} = \frac{\dot{M}_B}{(1 + v_{\infty}^2/c_{s,\infty}^2)^{3/2}},$$

(1.1)

where $\dot{M}_B$ is the Bondi accretion rate for spherically symmetric accretion onto non-moving BHs $\dot{M}_B = \pi c_{s,\infty}^3 \rho_{\infty} GM_{\text{bh}}^2 c_{s,\infty}^{-3}$ (assuming isothermal equation of state: $\gamma = 1$). Here, $M_{\text{bh}}$ is the BH mass, $\rho_{\infty}$ is the density, and $c_{s,\infty}$ is the sound speed of the ambient gas. The term in the denominator of Equation (1.1) is the only term that accounts for the motion of the point mass.

It is well known that this formula fails to describe realistic accretion rates when the effect of radiation emitted by the BH is included. Indeed, the maximum accretion rate that can be achieved under most realistic cases is the Eddington rate. In this limit the outward acceleration on the gas due to Compton scattering of radiation
with free electrons equal the gravitational acceleration. The effect of radiation feedback on non-moving BHs has been studied extensively, but to the best of our knowledge the present study is the first to consider radiation feedback effects on moving BHs.

Two mechanisms summarized above are the main factors which make the accretion deviate from Bondi accretion and both of the processes are expected to reduce the accretion rate far lower than the Bondi accretion rate. However, interesting questions arise when we consider the effect of the two processes together since the modified accretion rate creates a loop of self-regulation. This is the main motivation of Chapter 5.

The results of this thesis will help to better understand the accretion luminosities of IMBHs at high $z$ and in the present-day universe (Ricotti 2009). Cosmological simulations show that massive BHs may have formed in metal-free minihalos as Population III star remnants in the early universe (Abel et al. 1998, 2000; Bromm et al. 1999; Madau and Rees 2001; Oh and Haiman 2002; Schneider et al. 2002) or from direct collapse of primordial gas (Begelman et al. 2006; Carr et al. 1984; Fryer et al. 2001; Haehnelt et al. 1998; Johnson et al. 2011; Mayer et al. 2010; Omukai et al. 2008; Regan and Haehnelt 2009; Volonteri et al. 2008). Estimating the accretion luminosity of IMBHs (for a review, see Miller and Colbert 2004; van der Marel 2004) is important to understand their cosmological importance at high $z$ and in the local universe (Mack et al. 2007; Ricotti 2009). Since the luminosity of IMBHs is directly related to their accretion rate, these studies are also relevant for better understanding the mass growth of primordial massive BHs in the early universe (Alvarez et al. 2009; Johnson and Bromm 2007; Madau and Rees 2001; Pelupessy et al. 2007; Volonteri et al. 2003; Volonteri and Rees 2005; Yoo and Miralda-Escudé 2004). For example, different scenarios have been proposed for the formation of
quasars at $z \sim 6$ (Fan et al. 2003): growth by mergers, accretion onto IMBHs, or direct formation of larger seed BHs from collapse of quasi-stars (Begelman et al. 2006; Carr et al. 1984; Fryer et al. 2001; Haehnelt et al. 1998; Mayer et al. 2010; Omukai et al. 2008; Regan and Haehnelt 2009; Volonteri et al. 2008) that may form from metal free gas at the center of rare dark matter halos (Oh and Haiman 2002). Understanding the properties which determine the efficiency of self-regulated accretion onto IMBHs is important to estimate whether primordial black holes produced by Population III stars can accrete fast enough to become SMBHs by redshift $z \sim 6$ (Alvarez et al. 2009; Johnson and Bromm 2007; Madau and Rees 2001; Pelupessy et al. 2007; Volonteri et al. 2003; Volonteri and Rees 2005; Yoo and Miralda-Escudé 2004). Applications of this work also include studies on the origin of ultra-luminous X-ray sources (ULXs) (Krolik and Kallman 1984; Krolik et al. 1981; Mack et al. 2007; Ricotti 2007; Ricotti et al. 2008; Strohmayer and Mushotzky 2009) and the build up of an early X-ray background (Madau et al. 2004; Ricotti and Ostriker 2004; Ricotti et al. 2005; Venkatesan et al. 2001).

This thesis is organized as follows. In Section 1.1 we introduce basic concepts and definitions in the problem. Numerical procedures and physical processes included in the simulations are discussed in Chapter 2. In Chapter 3, we focus on simulating accretion onto IMBH regulated by photo-heating feedback in 1D and 2D hydrodynamic simulations, assuming spherically symmetric initial conditions. We provide fitting formulas for the mean and peak accretion rates, and the period between accretion rate bursts as a function of the parameters we explore, including radiative efficiency, BH mass, gas density, temperature and spectrum of radiation. We lay out a physically motivated model that describes the results of the simulations. In Chapter 4, we relax most of the simplifying assumptions in Chapter 3 and discuss the effects of helium heating/cooling, radiation pressure, and gas angular momentum.
on the accretion rate. It has been noted that not only electron scattering but also radiation pressure on H I may be important (Milosavljević et al. 2009a). We explore how the radiation pressure regulates the gas accretion by transferring momentum to the inflowing gas, and whether these physical processes become important compared to the pressure gradients inside the Strömgren sphere. In Chapter 5, we discuss how the motion of BHs relative to surrounding medium affects accretion when regulated by radiative feedback showing the results from axis-symmetric 2D simulations. Finally, summary and discussion are given in Chapter 6.

1.1 Basic Definitions

1.1.1 Bondi Accretion

Accretion of gas from ambient ISM onto a massive object occurs throughout astrophysics ranging from protostars to BHs. Although spherical symmetry is not valid any more in real cases such as close binary systems or AGN it is still useful to assume spherical symmetry which makes it possible to treat this accretion problem in a fairly exact analytic manner. This has been called Bondi accretion. What can we learn from this classical treatment of spherical accretion? First, we can calculate the steady accretion rate onto BHs, given the ambient conditions (the density $\rho_\infty$ and the temperature $T_\infty$ far from the BH). Second, we can estimate how big a region of the gas cloud is influenced by the gravity of the object.

In treating the problem mathematically, it is advantageous to take spherical coordinate $(r, \theta, \phi)$ system with origin at the center of the massive object. Physical quantities are independent of angles $\theta$ and $\phi$ by definition of spherical symmetry. For steady flow, the continuity equation is given as
\[
\frac{1}{r^2} \frac{d}{dr} (r^2 \rho v) = 0. \tag{1.2}
\]

The accretion rate will be \( \dot{M} = 4 \pi r^2 \rho (-v) \). In the Euler equation, the only contribution to the external force is from gravity and this has only a radial component:

\[
\rho \frac{\partial v}{\partial t} + \rho v \nabla v = -\nabla P + f, \tag{1.3}
\]

\[
\frac{1}{2} v^2 + \frac{\gamma}{\gamma - 1} K \rho^{\gamma - 1} - \frac{GM}{r} = \text{constant}. \tag{1.4}
\]

We have assumed a polytropic equation of state \( P = K \rho^\gamma \). We have \( \gamma = 5/3 \) for an adiabatic mono-atomic gas and \( \gamma = 1 \) for isothermal gas. Since \( K \gamma \rho^{\gamma - 1} = \gamma P/\rho = c_s^2 \) and we have \( v^2 \to 0 \) as \( r \to \infty \) we obtain the Bernoulli integral:

\[
\frac{1}{2} v^2 + \frac{c_s^2}{\gamma - 1} - \frac{GM}{r} = \frac{c_{s,\infty}^2}{\gamma - 1} \tag{1.5}
\]

where \( c_{s,\infty} \) is the sound speed in the gas far away from the BH. The sonic condition now relates \( c_{s,\infty} \) to \( c_s(r_s) \) since \( v^2(r_s) = c_s^2(r_s) \), \( GM/r_s = 2c_s^2(r_s) \), and the Bernoulli integral gives

\[
c_s^2(r_s) \left[ \frac{1}{2} + \frac{1}{\gamma - 1} - 2 \right] = \frac{c_{s,\infty}^2}{\gamma - 1}, \tag{1.6}
\]

\[
c_s(r_s) = c_{s,\infty} \left( \frac{2}{5 - 3\gamma} \right)^{\frac{1}{2}}. \tag{1.7}
\]

Now the accretion rate \( \dot{M} \) can be written as:

\[
\dot{M} = 4 \pi r^2 \rho (-v) = 4 \pi r_s^2 \rho(r_s)c_s(r_s). \tag{1.8}
\]

Using \( c_s^2 \propto \rho^{\gamma - 1} \) we find

\[
\rho(r_s) = \rho_\infty \left[ \frac{c_s(r_s)}{c_{s,\infty}} \right]^{\frac{2}{\gamma - 1}}, \tag{1.9}
\]
\begin{align*}
\dot{M}_B &= \pi G^2 M_b^2 \frac{\rho_\infty}{c_{s,\infty}^3} \left[ \frac{2}{5 - 3\gamma} \right]^{\frac{\gamma - 3\gamma}{2(\gamma - 1)}} \\
&= 4\pi \lambda_B \rho_\infty \frac{G^2 M_{bh}^2}{c_{s,\infty}^3} \\
&= 4\pi \lambda_B \rho_\infty c_{s,\infty}
\end{align*}

where we have introduced the Bondi radius \( r_b = GM/c_s\infty \) and the dimensionless mass accretion rate \( \lambda_B \), which depends on the polytropic index, \( \gamma \), of the gas equation of state \( P = K\rho^\gamma \) such as

\[ \lambda_B = \frac{1}{4} \left[ \frac{2}{5 - 3\gamma} \right]^{\frac{\gamma - 3\gamma}{2(\gamma - 1)}} \]

\[ = \frac{\dot{M}_B}{4\pi r_b^2 \rho_\infty c_{s,\infty}}. \]

The solution (Bondi 1952) provides the typical length scale \( r_b \) at which gravity affects gas dynamics and the typical accretion rate as a function of the BH mass \( M_{\text{bh}} \), ambient gas density \( \rho_\infty \) and sound speed \( c_{s,\infty} \).

\subsection*{1.1.2 Luminosity and Radiative efficiency}

A fraction of the gravitational potential energy of the inflowing gas is necessarily converted into radiation or mechanical energy when it approaches the BH, significantly affecting the accretion process. Photons emitted near the BH heat and ionize nearby gas, creating a hot bubble which exerts pressure on the inflowing gas. Radiation pressure may also be important in reducing the rate of gas inflow (see MBCO09). These processes may act as self-regulating mechanisms limiting gas supply to the disk from larger scales and, thus, controlling the luminosity of the BH. We quantify the reduction of the accretion rate with respect to the case without radiative feedback by defining the dimensionless accretion rate

\[ \lambda_{\text{rad}} \equiv \frac{\dot{M}}{\dot{M}_B}, \]

\[ (1.11) \]
where $\dot{M}_B$ is the Bondi accretion rate for isothermal gas ($\dot{M}_B = e^{3/2} \pi G^2 M_{bh}^2 \rho_\infty c_s^{-3})$.

This definition of $\lambda_{\text{rad}}$ is consistent with the one adopted by MBCO09.

The Eddington luminosity sets an upper limit on the luminosity of a BH. In this limit the inward gravitational force on the gas equals the radiation pressure from photons interacting with electrons via Compton scattering. Although this limit can be evaded in some special cases, observations suggest that BH and SMBH luminosity is sub-Eddington. The Eddington luminosity is thus,

$$L_{\text{Edd}} = \frac{4 \pi GM_{bh} m_p c}{\sigma_T} \simeq 3.3 \times 10^6 L_\odot \left(\frac{M_{bh}}{100 M_\odot}\right).$$

(1.12)

The luminosity of an accreting BH is related to the accretion rate via the radiative efficiency $\eta$: $L = \eta \dot{M} c^2$. From the Eddington luminosity, we define the Eddington gas accretion rate $\dot{M}_{\text{Edd}} \equiv L_{\text{Edd}} c^{-2}$, and the dimensionless accretion rate and luminosity as

$$\dot{m} \equiv \frac{\dot{M}}{\dot{M}_{\text{Edd}}} \quad \text{and} \quad l \equiv \frac{L}{L_{\text{Edd}}}.$$  

(1.13)

Hence, in dimensionless units, the bolometric luminosity of the black hole is $l = \eta \dot{m}$, where $\dot{m}$ is the accretion rate onto the black hole. Note, that our definition of $\dot{M}_{\text{Edd}}$ is independent of the radiative efficiency $\eta$. Therefore, if we impose sub-Eddington luminosity of the BH, the dimensionless accretion rate ranges between $0 < \dot{m} \leq \frac{1}{\eta}$. The radiative efficiency, $\eta$, depends on the geometry of the accretion disk and on $\dot{m}$. For a thin disk, $\eta \approx 0.1$, whereas $\eta \propto \dot{m}$ for an advection dominated thick disk or for spherical accretion (Park and Ostriker 2001; Shapiro 1973). In this study we consider two idealized cases for the radiative efficiency. The case of constant radiative efficiency $\eta = \text{const}$; and the case in which the radiative efficiency has a dependence on the dimensionless accretion rate and luminosity: $\eta = \text{const}$ for $l \geq 0.1$ and $\eta \propto \dot{m}$ for $l < 0.1$. The second case we explored accounts for the lower radiative efficiency expected when the accreted gas does not settle into a thin
disk. In both formulations the the radiative efficiency is one of the free parameter we allow to vary and we do not find important differences between the two cases. Observations of Sgr A*, the best studied case of low accretion rate onto a SMBH, suggest that the radiative efficiency is indeed low but not as low as implied by the scaling $\eta \propto \dot{m}$. Recent theoretical work by (Sharma et al. 2007) demonstrates that there is indeed a floor on the radiative efficiency.

Because the Bondi rate, $\dot{M}_B$ does not include radiation feedback effect, it provides an upper limit on the accretion rate from large scales to radii near the BH. The Eddington rate provides the maximum accretion rate onto the BH, limited by radiation feedback at small radii. Thus, numerical simulations are necessary to obtain realistic estimates of the accretion rates. If the accretion rate onto the BH is lower than the gas accretion from large scales, the accreted material accumulates near the BH, creating a disk whose mass grows with time. We cannot simulate such a scenario because it is too computationally challenging to resolve a range of scales from the Bondi radius to the accretion disk in the same simulations. Here we assume that accretion onto the BH is not limited by physical processes taking place on radial distances much smaller than the sonic radius. For instance, even if angular momentum of accreted gas is small and the circularization radius $r_c \ll r_s$, further inflow will be slowed down with respect to the free-fall rate. The rate of inflow will be controlled by angular momentum loss (e.g. torques due to MHD turbulence) and there will be a delay between the accretion rate at the inner boundary of our simulation ($r_{\text{min}}$) and the accretion luminosity associated with it. The effect of the aforementioned time delay on the feedback loop is considered in Chapter 4. We also assume that the effect of self-gravity is negligible (see Li 2011) in our simulations since we have estimate that the mass within the H II region around the BH is smaller than the BH mass for $M_{\text{bh}} < 1000 M_\odot$. 

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If the rate of gas supply to the disk is given by the Bondi rate, accretion onto the BH is sub-Eddington for BH masses

\[ M_{\text{bh}} < \frac{c_{s,\infty}^3}{Gn_{H,\infty}\sigma_T \eta} \sim 40M_\odot T_{\infty,4}^{-5/4}n_{H,5}^{-1}T_{-1}, \]

(1.14)

where we use the notations of \( T_{\infty,4} \equiv T_\infty/(10^4 \text{ K}) \), \( n_{H,5} \equiv n_{H,\infty}/(10^5 \text{ cm}^{-3}) \) and \( T_{-1} \equiv \eta/10^{-1} \). Thus, in this regime we may assume that the accretion is quasi-steady in the sense that the mean accretion rate onto the BH equals the gas supply from large scales when the accretion rate is averaged over a sufficiently long time scale.
Chapter 2

Numerical Simulations

2.1 ZEUS-MP and Radiative Transfer Module

We perform a set of hydrodynamic simulations to understand accretion onto IMBHs regulated by radiation feedback. Numerical simulations of radiative feedback by BHs are challenging because they involve resolving a large dynamical range in length scales. In this study we use ZEUS-MP (Hayes et al. 2006), a modified parallel version of the non-relativistic hydrodynamics code ZEUS (Stone and Norman 1992). For the present work we add a radiative transfer module (Ricotti et al. 2001) to ZEUS-MP to simulate radiative transfer of UV and X-ray ionizing photons emitted near the BH. A detailed description of the numerical methods used to solve radiative transfer and tests of the code are presented in the Appendix A.

As X-ray and UV photons ionize the surrounding medium, different reactions take place depending on the density and composition of the gas. Photo-ionization changes the ionization fraction of H and He. The detailed evolution of the Strömgren sphere depends on the cooling function $\Lambda(T, Z)$ of the gas and thus on the metallicity, $Z$, and the fraction of gas in the molecular phase. For a gas of primordial composition, the cooling rate depends on the formation rates of $H^-$ and $H_2$, which
depend on both the redshift and the intensity of the local dissociating background in the $H_2$ Lyman-Werner bands (e.g. Abel et al. 1998; Ricotti et al. 2002a,b; Shapiro and Kang 1987). In addition, the cooling function may depend on redshift due to Compton cooling of the electrons by CMB photons. In Chapter 3 we adopt atomic hydrogen cooling for temperatures $T > 10^4$ K, and use a simple parametric function to model complicated cooling physics of gas at $T < 10^4$ K. Thus, the temperature structure inside the ionized bubble is appropriate only for a low metallicity gas. In Chapter 4 we also include the effect of helium photo-heating and cooling. We assume that gas cooling at temperatures below $T_{\infty}$ is negligible in order to achieve thermal equilibrium in the initial conditions far from the BH. For the parameter space in which we can neglect the effect of radiation pressure we find (see Chapter 3) that the accretion rate is a function of the temperature both outside and inside the H II region. The temperature outside the H II region depends on the cooling function of gas at $T < 10^4$ K and on the heating sources. The temperature inside the H II region depends on the spectrum of radiation and cooling mechanism of gas at $T > 10^4$ K. Thus, it depends on the gas metallicity and the redshift at which Compton cooling might become important. However, for the parameter space we have explored we find that Compton cooling has a minor effect on the temperature inside and outside the Strömgren sphere.

The gas heating rate depends on flux and spectral energy distribution (SED) of the radiation emitted near the BH. We assume a luminosity of the BH $l = \eta \dot{m}$, where $\dot{m}$ is calculated at the inner boundary in our simulation (typically $r_{\text{min}} \sim 3 \times 10^{-5}$ pc). We adopt a single power law $\nu^{-\alpha}$ for the SED, where the spectral index $\alpha$ is one of the parameters we vary in our set of simulations.

We use an operator-split method to calculate the hydrodynamic step and the radiative transfer and chemistry steps. The hydrodynamic calculation is done using
ZEUS-MP, then for the radiative transfer calculation we use a ray tracing module \cite{Ricotti et al. 2001}. The radiative transfer module calculates chemistry, cooling and heating processes along rays outgoing from the central BH, and thus is easily parallelized in the polar angle direction.

We perform 1D and 2D simulations in spherical coordinates. In both cases we use a logarithmically spaced grid in the radial direction typically with 256 to 512 cells to achieve high resolution near the BH. The size ratio between consecutive grids is chosen according to the free parameters of the simulation to resolve the ionization front and resolve the region where the gas is in free fall. In the 2D simulations we use evenly spaced grids in the polar angle direction and compute radiative transfer solutions in each direction. Flow-out inner boundary conditions and flow-in outer boundary conditions are used in the radial direction ($r$), whereas in polar angle directions ($\theta$), reflective boundary conditions are used.

To determine the optimal box size of the simulations we make sure that we resolve important length scales in the problem: the inner Bondi radius, $r_{\text{b, in}}$, the outer Bondi radius, $r_{\text{b, \infty}}$, the sonic radius, $r_s$ and the ionization front, $R_s$. We select the value of the inner boundary (typically $\sim 3 \times 10^{-5}$ pc for $M_{\text{bh}} = 100 M_{\odot}$) to be smaller than the sonic point or the inner Bondi radius (both still far larger than the Schwarzschild radius of the BHs). We find that once the sonic radius is resolved, reducing the inner boundary box size does not create significant differences in the results. In most cases the ionization front is located outside of the outer Bondi radius and the box size is selected to be large enough to cover both length scales. We select a box size that achieves the highest possible resolution with a given number of grids, making sure that the physical quantities around boundaries remain constant during the simulations. The box is sufficiently large to minimize the effect of spurious wave reflections at the outer boundary.
In Chapter 3 and 4, we adopt idealized initial conditions of uniform density and temperature, zero velocity and zero angular momentum of the gas relative to the BH. We also consider the effect of a time-delay between the accretion rate at the inner boundary of our simulations and the accretion luminosity in Chapter 4. In Chapter 5, we relax some of these assumptions by considering the effect of BH motion with respect to the ambient medium. We assume monatomic, non-relativistic ideal gas with $\gamma = 5/3$ which is initially neutral (electron fraction $x_e \sim 10^{-5}$).

In Chapter 3, we also neglect the effect of radiation pressure. Our goal is to add to the simulations one physical process at a time to understand which feedback loop is dominant in a given subset of the parameter space. We take this approach to attempt an interpretation of the simulation results in the context of a physically motivated analytical description of the accretion cycle. We explore the effect of radiation pressure due to H i ionization and Lyman-alpha scattering in Chapter 4. However, a simple inspection of the relevant equations suggests that radiation pressure is increasingly important for large values of the ambient gas density ($n_{H,\infty} \sim 10^7$ cm$^{-3}$, see MBCO09) since accretion rate approaches Eddington limit.

### 2.2 Radiation Pressure and Time Delay

In Chapter 4, we include the effects of helium heating/cooling in addition to hydrogen. Therefore, we simulate photo-ionization, photo-heating and cooling for six species H i, H ii, He i, He ii, He iii, and e$^-$. We also calculate the radiation pressures both on e$^-$ and H i to interpret the effect of momentum transfer to the inflowing gas by the ionizing photons. The magnitude of acceleration at a given radius due to radiation pressure depends on the luminosity, the ionization fraction of hydrogen and helium, and the cross section of the species.
to photon-ionization. The specific flux $F_\nu \propto e^{-\tau/r^2}$ at a given radius ($r$), assuming a power-law spectrum with a spectral index $\alpha$, depends on the optical depth $\tau_\nu$, and the cross section $\sigma_\nu$. Thus, the accelerations due to momentum transfer to H I and $e^-$ can be written as

$$a_{\text{rad}, \text{H I}} = \frac{x_{\text{H I}}}{m_p c} \int \sigma_{\text{H I}, \nu} F_\nu d\nu, \quad (2.1)$$

$$a_{\text{rad}, e^-} = \frac{x_{e^-}}{m_p c} \int \sigma_T F_\nu d\nu, \quad (2.2)$$

where $x_{\text{H I}}$ and $x_{e^-}$ are H I and $e^-$ fractions, respectively, $\sigma_T$ is the Thomson cross section, and $m_p$ is the proton mass. The radial component of the acceleration at a given radius is updated as $a = a_{\text{grav}} + a_{\text{rad}}$, where $a_{\text{rad}} = a_{\text{rad}, \text{H I}} + a_{\text{rad}, e^-}$.

In Section 4.3, we study the effect of non-zero angular momentum of gas which leads to a time delay between the accretion rate at the sonic radius and the luminosity output, due to the formation of an accretion disk. In order to estimate realistic values of the time delay we assume that the gas conserves angular momentum and settles into an accretion disk of radius $R_{\text{disk}}$. We then assume an alpha model for the thin disk to estimate the timescale for the gas to lose angular momentum and fall into the BH.

Numerically, it is convenient to express the time delay in units of the free-fall timescale $t_{\text{ff}}$ calculated at the simulation’s inner boundary (typically $R_{\text{min}} \sim 10^{-5}$ pc). The free-fall timescale we have defined can be very large compared to $t_{\text{ff}}$ calculated at the radius of the accretion disk near the BH (at tens of gravitational radii $R_{\text{Sch}} \equiv 2GM_{\text{bh}}/c^2$). Approximately, the gas is accreted at the viscous timescale $t_{\text{visc}}$, that compared to $t_{\text{ff}}$ is

$$t_{\text{visc}}(R_{\text{disk}})/t_{\text{ff}}(R_{\text{disk}}) \sim \alpha_{\text{disk}}^{-1} M^2 \sim \alpha_{\text{disk}}^{-1} c_{\text{s, disk}}^{-2} GM_{\text{bh}} R_{\text{disk}}^{-1} \sim 0.5 \alpha_{\text{disk}}^{-1} (c/c_{\text{s, disk}})^2 R_{\text{disk}}^{-1}, \quad (2.3)$$

where $\alpha_{\text{disk}}$ is the dimensionless parameter for a thin disk (Shakura and Sunyaev).
is the sound speed of the gas in the disk, and we define $R_{\text{disk}} \equiv R_{\text{disk}}/R_{\text{Sch}}$. The dependence of the free-fall time on radius is $t_{\text{ff}} \propto R^{1.5}$, while the viscous timescales as $t_{\text{visc}} \propto R^{-1}t_{\text{ff}} \propto R^{0.5}$ assuming constant sound speed due to effective cooling (note that since we are considering a gas of zero or very low metallicity, the gas in the disk will not easily cool to temperature below $10^4$ K if the gas is atomic). Thus, the infall time at the disk radius $R_{\text{disk}}$ is

$$t_{\text{visc}}(R_{\text{disk}}) \sim \frac{0.5}{\alpha_{\text{disk}} c_s} \frac{v_{\text{min}}^3}{c^2} R_{\text{disk}} \sim \frac{0.3}{\alpha_{\text{disk}}} \left( \frac{T_{\text{disk}}}{10^4 \text{ K}} \right)^{-1/2} R_{\text{disk}}^{1/2}.$$ (2.4)

To estimate the parameters in Equation (2.4) we have defined $v_{\text{min}} \equiv (GM_{\text{bh}}/R_{\text{min}})^{1/2} \sim 260 \text{ km s}^{-1}$. Assuming $\alpha_{\text{disk}} \sim 0.01–0.1$, $T_{\text{disk}} \sim 10^4$ K, and $R_{\text{disk}} \lesssim 10^2–10^4$, we find time delays of $\lesssim 300$ free-fall times at $R_{\text{min}}$, that is the parameter space we explore in Section 4.3.

In our code, the accretion rates calculated at the inner boundary of the simulations are stored in an assigned array about 1000 steps for each $t_{\text{ff}}$. Stored accretion rates with a given time delay are then read from the array and used to estimate the luminosity at the current moment.

### 2.3 Axis-symmetric Accretion

In Chapter 5, axis-symmetric geometry is applied to all simulations unlike the spherical symmetry used in Chapter 3 and 4. We use logarithmically spaced grid in the radial direction ($r$) and evenly spaced grid in the polar angle direction ($0 \leq \theta \leq \pi$) with BHs centered at the origin $r = 0$. Axis-symmetric configuration is necessary to simulate BHs in motion relative to ambient gas which is assumed to be moving parallel to the polar axes. We apply flow-in boundary conditions for outer radial direction for the first half of the polar angle ($0 \leq \theta \leq 0.5\pi$) and flow-out boundary conditions for the second half ($0.5\pi < \theta \leq \pi$) for outer radial direction and inner
boundary in the radial direction for the entire polar angle. Reflective boundary conditions are applied for the polar axis $\theta = 0$ and $\theta = \pi$ to satisfy the axis-symmetric configuration.

We assume uniform density and constant velocity for initial conditions. For supersonic cases ($\mathcal{M} > 1$), we start simulations with an assumption of fixed accretion rate ($\langle \lambda_{\text{rad}} \rangle = 0.001$) to reduce the effect of oscillation observed at early phase of the simulations. We select typical parameters of radiative efficiency $\eta = 0.1$ from thin disk model (Shakura and Sunyaev 1973), BH mass $M_{\text{bh}} = 100 \, M_\odot$, and the temperature of the ambient gas $T_{\text{in}} = 10^4$ K. We run simulations for the range of Mach numbers up to $\mathcal{M} = 10$ for gas densities $n_{\text{H},\infty} = 10^2$–$10^6$ cm$^{-3}$.
Chapter 3

Spherically Symmetric Accretion

3.1 Qualitative description of accretion regulated by radiative feedback

Our simulations show that UV and X-ray photons modify the thermal and dynamical structure of the gas in the vicinity of the Bondi radius. A hot bubble of gas is formed due to photo-heating by high energy photons and sharp changes of physical properties such as density, temperature, and ionization fraction occur at the ionization front. Figure 3.1 shows 8 snapshots from one of our 2D simulations. Top half of each snapshot shows the gas density and the bottom half shows the hydrogen ionization fraction. We show the periodic oscillation of the density and the ionization fraction from a 2D simulation in Figure 3.1. The time evolution of the density, temperature and ionization fraction profiles for the 1D simulation are shown in Figure 3.2. We can identify 3 evolutionary phases that repeat cyclically:

1. Once the Strömgren sphere is formed, it expands and the gas density inside that hot bubble decreases maintaining roughly pressure equilibrium across the ionization front. At the front, gas inflow is stopped by the hot gas and the
Figure 3.1: Evolution of the gas density and ionization fraction in a simulation of an accreting BH of mass $M_{bh} = 100 M_\odot$, gas density $n_{H,\infty} = 10^5$ cm$^{-3}$, and temperature $T_\infty = 10^4$ K. In each panel the top halves show the density (number of hydrogen atoms per cm$^3$) and the bottom halves show the ionization fraction, $x_e = n_e/n_H$, of the gas. The evolutionary sequences are shown in a clockwise direction. Top panels from left to right: A Strömgren sphere forms fueled by ionizing photons as the BH accretes gas. The higher pressure inside the Strömgren sphere stops the gas inflow while the BH at the center consumes the hot gas inside the ionization front. Inflowing gas accumulates in a dense shell outside the hot bubble while exponential decay of the accretion rate occurs due to decreasing density inside the hot bubble as gas depletion continues. Although the number of emitted ionizing photons decreases, the ionized sphere maintains its size because of the decrease in density inside the hot bubble. Bottom panels from right to left: The density of hot gas inside the Strömgren sphere keeps decreasing until pressure equilibrium across the front can no longer be maintained. Middle left: The dense shell in front of the Strömgren sphere collapses onto the BH and this leads to a burst of accretion luminosity. Top left: The Strömgren sphere reaches its maximum size and the simulation cycle repeats.
average gas density inside the bubble decreases due to the following two physical processes. First, the BH continues accreting hot gas within an accretion radius, \( r_{\text{acc}} \), defined as the radius where the gravitational force of the BH dominates the thermal energy of the hot gas. The accretion radius is similar to the Bondi radius defined by the temperature inside Strömgren sphere, but there exists a difference between them since the kinematic and thermal structure of gas is modified significantly by the photo-heating and cooling. Second, the gas between \( r_{\text{acc}} \) and the ionization front moves towards the ionization front due to pressure gradients. Figure 3.3 shows inflowing gas within \( r_{\text{acc}} \) and outflowing gas outside \( r_{\text{acc}} \). A dense shell forms just outside the ionization front. Thus, the mass of the shell grows because gravity pulls distant gas into the system at the same time that gas within the hot bubble is pushed outwards.

2. As the average density inside the hot bubble decreases, the accretion rate diminishes. During this process the radius of the Strömgren sphere remains approximately constant since the reduced number of ionizing UV and X-ray photons is still sufficient to ionize the rarefied hot bubble. Figure 3.6 illustrates this. Thus, the average gas temperature, ionization fraction and the size of the H II region remain constant. As the accretion rate increases during the burst, it produces a rapid expansion of the Strömgren sphere radius. During one cycle of oscillation, there are small peaks in the Strömgren sphere radius which are associated with minor increases in the accretion rate. Rayleigh-Taylor (RT) instabilities develop quickly when the accretion rate increases. In these phases, the acceleration of the dense shell is directed toward the BH, so the dense shell, supported by more rarefied gas, becomes RT unstable.

3. As gas depletion continues, the pressure inside the hot bubble decreases to
Figure 3.2: *Top to bottom*: Radial profiles of density, temperature and neutral/ ionization fractions in 1D simulation for $\eta=0.1$, $M_{bh}=100 \ M_\odot$, $n_{H,\infty}=10^5 \text{ cm}^{-3}$ and $T_\infty=10^4 \text{ K}$. Different lines indicates profiles at different times: $t=0.0$ (dotted), $t=1.13\times10^4$ (solid), $t=1.28\times10^4$ (short dashed), $t=1.43\times10^4$ (long dashed), $t=1.58\times10^4$ (dot-short dashed), $t=1.71\times10^4 \text{ yr}$ (dot-long dashed). *Solid lines*: at the maximum expansion of the Strömgren sphere. *Dot-long dashed lines*: at the collapsing phase of dense shell. Physical properties inside the Strömgren sphere change as a function of time. The number density and temperature of hydrogen decrease with time after the burst. The neutral fraction increases as a function of time from the burst.

the point where equilibrium at the ionization front breaks down. The outward pressure exerted by the hot bubble becomes too weak to support the gravitational force exerted on the dense shell. The dense shell of gas collapses
Figure 3.3: Gas density and velocity field for the simulation with $\eta = 0.1$, $M_{\text{bh}} = 100 \, M_\odot$, $n_{\text{H,} \infty} = 10^5 \, \text{cm}^{-3}$, and $T_{\infty} = 10^4 \, \text{K}$. When a Strömgren sphere is formed, gas inside the hot bubble is depleted by accretion onto the BH and the outflow toward the dense shell due to pressure gradient.

When a Strömgren sphere is formed, gas inside the hot bubble is depleted by accretion onto the BH and the outflow toward the dense shell due to pressure gradient. The ionization front propagates outward in a spherically symmetric manner, creating a large Strömgren sphere and returning to the state where the high pressure inside the Strömgren sphere suppresses gas inflow from outside.
3.2 Comparison of 1D and 2D simulations

In agreement with previous studies, our simulations show that radiation feedback induces regular oscillations of the accretion rate onto IMBH. This result is in good agreement with numerical work by MCB09 for accretion onto a 100 M⊙ BH from a high density ($n_{\text{H},\infty} = 10^7$ cm$^{-3}$) and high temperature ($T_{\infty} = 10^4$ K) gas. Periodic oscillatory behavior is found in all our simulations for different combinations of parameters, when assuming spherically symmetric initial conditions and a stationary BH. This oscillation pattern is quite regular and no sign of damping is observed for
at least $\sim 10$ cycles.

For the same parameters, our 1D and 2D simulations are nearly identical in terms of oscillatory behavior in accretion rate and Strömgren sphere size. Figure 3.5 shows accretion rate in 1D and 2D simulations for $M_{\text{bh}}=100 \, M_\odot$, $T_\infty = 10^4 \, \text{K}$ and $n_{\text{H} \infty} = 10^5 \, \text{cm}^{-3}$. Note the similar pattern in accretion rate and period between bursts. This indicates that the 1D result adequately represents 2D cases when the accretion flow does not have significant angular momentum.

Moreover, this result demonstrates that RT instabilities which we observe in the 2D simulations do not affect the mean accretion rate or the period of oscillations. The RT instability develops during the phase when the dense shell in front of the ionization front is supported against gravitational accretion by the low density medium inside the hot bubble (Whalen and Norman 2008a,b). The top panels in Figure 3.1 show small instabilities when ionization fronts move outward, which largely decay over time. The pressure gradient inside the Strömgren sphere creates an outward force which helps suppress the development of the instability.

In summary, we argue that 1D simulations can be used in place of higher dimension simulations to determine the cycle and magnitude of the periodic burst of gas accretion onto IMBH. This allows us to reduce the computational time required to explore a large range of parameter space.

### 3.3 Parameter space exploration

In this section we present the results of a set of 1D simulations aimed at exploring the dependence of the accretion rate and the period of oscillations of the BH luminosity as a function of the BH mass, $M_{\text{bh}}$, the ambient gas density, $n_{\text{H} \infty}$, temperature, $T_\infty$, and the radiative efficiency $\eta$. In § 5 we present results in which we allow the
Figure 3.5: Accretion rates as a function of time in 1D and 2D simulations with $\eta = 0.1$, $M_{\text{bh}} = 100 \, M_\odot$, $n_{\text{H}} = 10^5 \, \text{cm}^{-3}$ and $T_{\infty} = 10^4 \, \text{K}$. Both results show similar oscillation patterns with the same period and average accretion rate.

spectrum of ionizing radiation to vary as well. The accretion can be described by three main parameters: $\tau_{\text{cycle}}$, the mean period between bursts, $\lambda_{\text{rad, max}}$, the maximum value of the dimensionless accretion rate (at the peak of the burst), and $\langle \lambda_{\text{rad}} \rangle$, the time-averaged dimensionless accretion rate. These parameters are typically calculated as the mean over $\sim 5$ oscillation cycles and the error bars represent the standard deviation of the measurements.

After reaching the peak, the luminosity decreases nearly exponentially on a time scale $\tau_{\text{on}}$, that we identify as the duration of the burst. Both $\tau_{\text{on}}$ and the duty cycle, $f_{\text{duty}}$, of the black hole activity (i.e., the fraction of time the BH is active), can be
Figure 3.6: Evolution of Strömgren radius with time for 2D simulation with \( \eta = 0.1, M_{\text{bh}} = 100 \, M_\odot, n_{\text{H},\infty} = 10^5 \, \text{cm}^{-3} \) and \( T_\infty = 10^4 \, \text{K} \). The solid line shows the mean size of the Strömgren radius and dotted lines show the minimum and maximum Strömgren radii. It shows the same period of oscillation seen in accretion rate as a function of time. In general, the Strömgren radius is proportional to the accretion rate which determines the number of ionizing photons. When the accretion rate is maximum, the size of the Strömgren sphere also has its maximum size.

expressed as a function of \( \tau_{\text{cycle}}, \lambda_{\text{rad, max}} \) and \( \langle \lambda_{\text{rad}} \rangle \):

\[
\tau_{\text{on}} \equiv \frac{\langle \lambda_{\text{rad}} \rangle}{\lambda_{\text{rad, max}}} \tau_{\text{cycle}},
\]

(3.1)

\[
f_{\text{duty}} \equiv \frac{\tau_{\text{on}}}{\tau_{\text{cycle}}} = \frac{\langle \lambda_{\text{rad}} \rangle}{\lambda_{\text{rad, max}}},
\]

(3.2)

The values of \( \lambda_{\text{rad, max}} \) and \( f_{\text{duty}} \) as a function of the BH mass, the density and the temperature of the ambient medium are important for estimating the possibility of
detection of IMBHs in the local universe because these values provide an estimate of the maximum luminosity and the number of active sources in the local universe at any time. On the other hand, the mean accretion rate, $\langle \lambda_{\text{rad}} \rangle$ is of critical importance for estimating IMBH growth rate in the early universe.

The four panels in Figure 3.8 summarize the results of a set of simulations in which we vary the free parameters one at a time. We find that, in most of the parameter space that we have explored, the period of the oscillations and the accretion rates are described by a single or a split power law with slope $\beta$. In the following paragraphs we report the values of $\beta$ derived from weighted least squares fitting of the simulation results. The weight is $1/\sigma$ where $\sigma$ is the standard deviation of $\langle \lambda_{\text{rad}} \rangle$ or $\lambda_{\text{rad,max}}$ over several oscillations.

a) Dependence on the radiative efficiency

First, we explore how the accretion depends on the radiative efficiency $\eta$. This parameter describes the fraction, $\eta$, of the accreting rest mass energy converted into radiation while the remaining fraction, $1-\eta$, is added to the BH mass. We have explored both constant values of the radiative efficiency and the case $\eta \propto \dot{m}$ for $l < 0.1$ (see Section 1.1.2). The simulation results shown in this section are obtained assuming $\eta$ is constant. We find similar results for $\langle \lambda_{\text{rad}} \rangle$, $\lambda_{\text{rad,max}}$ and $\tau_{\text{cycle}}$ when we assume $\eta \propto \dot{m}$. The radiative efficiency for a thin disk is about 10%. Here, we vary $\eta$ in the range: 0.2% to 10%. The other free parameters are kept constant with values $n_{H,\infty} = 10^5 \text{ cm}^{-3}$, $M_{bh} = 100 \text{ M}_\odot$ and $T_{\infty} = 10^4 \text{ K}$. Figure 3.7 shows the accretion rate as a function of time for different values of the radiative efficiency: $\eta = 0.1, 0.03, 0.01$ and 0.003. Panel (a) in Figure 3.8 shows the dependence on $\eta$ of the three parameters that characterize the accretion cycle. The maximum accretion rate increases mildly with increasing $\eta$ (log slope $\beta = 0.13 \pm 0.06$). The
average accretion rate is $\langle \lambda_{\text{rad}} \rangle \sim 2.9\% \pm 0.2\%$, is nearly independent of $\eta$ ($\beta = -0.04 \pm 0.01$). The period of the oscillations increases with $\eta$ as $\tau_{\text{cycle}} \propto \eta^{1/3}$. We also show the simulation results including helium photo-heating and cooling, shown as open symbols in the same panel of Figure 3.8. We find that including helium does not change the qualitative description of the results, but does offset the mean accretion rate, that is $\sim 41\%$ lower and the period of the accretion bursts, that is $\sim 42\%$ shorter. This offset of the accretion rate and period with respect to the case without helium is due to the higher temperature of the gas inside the H II region surrounding the BH.
Figure 3.8: For each panel, peak accretion rate, average accretion rate and period between bursts are shown from top to bottom as a function of a given parameter. Error bars represent the standard deviation around the mean values over ∼ 5 accretion cycles. (a) Dependence on η. ⟨λ_rad⟩ ∼ const while τ_cycle ∝ η^{1/3}. Open symbols indicate the simulations including helium photo-heating and cooling, which show ∼ 41% lower accretion rate and ∼ 42% shorter period. (b) Same plots as a function of M_{bh}. ⟨λ_rad⟩ ∼ const while τ_cycle ∝ M_{bh}^{2/3}. (c) Same plots as a function of n_{H,∞} of gas. At low densities, τ_cycle ∝ n_{H,∞}^{-1/6}, whereas at higher density, τ_cycle ∝ n_{H,∞}^{-1/3}. (d) Same plots as a function of T_{∞}. Average accretion rate ⟨λ_rad⟩ ∝ T_{∞}^{2.5}. With an exception at lowest temperature τ_cycle ∝ T_{∞}^{-0.5}.

b) Dependence on BH mass

We explore a range in BH mass from 100 M_⊙ to 800 M_⊙, while keeping the other
parameters constant ($\eta = 0.1$, $n_{H,\infty} = 10^5$ cm$^{-3}$ and $T_{\infty} = 10^4$ K). The results are shown in panel (b) of Figure 3.8. The mean accretion rate is $\langle \lambda_{\text{rad}} \rangle \sim 2.7\% \pm 0.4\%$ and the maximum accretion rate is $\lambda_{\text{rad, max}} \sim 42\% \pm 12\%$ ($\beta = -0.26 \pm 0.20$). They are both independent of $M_{\text{bh}}$ within the error of the fit. The period of the bursts is well described by a power-law relation $\tau_{\text{cycle}} \propto M_{\text{bh}}^{2/3}$.

c) Dependence on gas density of the ambient medium

Panel (c) in Figure 3.8 shows the dependence of accretion rate and burst period on the ambient gas density, $n_{H,\infty}$. We explore a range of $n_{H,\infty}$ from $5 \times 10^3$ cm$^{-3}$ to $10^7$ cm$^{-3}$, while keeping the other parameters constant at $\eta = 0.1$, $M_{\text{bh}} = 100$ M$_\odot$ and $T_{\infty} = 10^4$ K. For densities $n_{H,\infty} \geq 10^5$ cm$^{-3}$, $\langle \lambda_{\text{rad}} \rangle$ and $\lambda_{\text{rad, max}}$ are insensitive to $n_{H,\infty}$ ($\beta = -0.04 \pm 0.08$ and $\beta = -0.18 \pm 0.13$, respectively). However, for $n_{H,\infty} \leq 10^5$ cm$^{-3}$, $\langle \lambda_{\text{rad}} \rangle$ and $\lambda_{\text{rad, max}}$ are proportional to $n_{H,\infty}^{1/2}$ ($\beta = 0.44 \pm 0.02$ and $\beta = 0.37 \pm 0.09$, respectively).

The bottom of Figure 3.8(c) shows the effect of density in determining the oscillation period. For densities $n_{H,\infty} \geq 10^5$ cm$^{-3}$, $\tau_{\text{cycle}}$ is fitted well by a power law with $\tau_{\text{cycle}} \propto n_{H,\infty}^{-1/3}$ and for the densities $n_{H,\infty} \leq 10^5$ cm$^{-3}$ it is fitted well by a power law $\tau_{\text{cycle}} \propto n_{H,\infty}^{-1/6}$. However, $\tau_{\text{cycle}}$ at $n_{H,\infty} = 10^7$ cm$^{-3}$ is lower than predicted by the power law fit for $n_{H,\infty} \geq 10^5$ cm$^{-3}$. Although Figure 3.5, 3.7 do not show clearly the magnitude of accretion rate during the inactive phase, it is evident in a log-log plot that accretion rate at minima is 4 orders of magnitude lower than during the peak of the burst. This is the case for all simulations but the ones with $n_{H,\infty} = 10^7$ cm$^{-3}$ in which the accretion rate at minima is 2 orders of magnitude higher than in all other simulations. The simulations show that the ambient gas density is an important parameter in determining the accretion luminosity and period between bursts of the IMBH. One of the reasons is that the gas temperature inside the hot ionized
bubble and the thickness and density of the dense shell in front of it depend on the
density via the cooling function. The drop in the accretion rate we observe at low
densities can be linked to an increase of the temperature within the sonic radius
with respect to simulations with higher ambient density. This results in an increase
in the pressure gradient within the ionized bubble that reduces the accretion rate
significantly.

d) Dependence on the temperature of the ambient medium

Panel (d) in Figure 3.8 shows the dependence of accretion rate and period of the
bursts on the temperature of the ambient medium, $T_\infty$. We vary $T_\infty$ from 3000 K
to 15000 K while keeping the other parameters constant at $\eta = 0.1$, $M_{bh} = 100 M_\odot$
and $n_{H,\infty} = 10^5 \text{ cm}^{-3}$. We find $\langle \lambda_{\text{rad}} \rangle$ and $\lambda_{\text{rad,max}}$ depend steeply on $T_\infty$ as $T_\infty^{5/2}$
($\beta = 2.44 \pm 0.06$). Except for the simulation with $T_\infty = 3000$ K, the period of the
accretion cycle is fitted well by a single power law $\tau_{\text{cycle}} \propto T_\infty^{-1/2}$.

3.4 Analytical Formulation of Bondi Accretion with
Radiative Feedback

In this section we use the fitting formulas for $\langle \lambda_{\text{rad}} \rangle$, $\lambda_{\text{rad,max}}$ and $\tau_{\text{cycle}}$ obtained from
the simulations, to formulate an analytic description of the accretion process. For
ambient densities $n_{H,\infty} \geq 10^5 \text{ cm}^{-3}$, we have found that the dimensionless mean
accretion rate $\langle \lambda_{\text{rad}} \rangle$ depends only on the temperature of the ambient medium. It is
insensitive to $\eta$, $M_{bh}$ and $n_{H,\infty}$. Thus, for $n_{H,\infty} \geq 10^5 \text{ cm}^{-3}$ we find

$$\langle \lambda_{\text{rad}} \rangle \sim 3.3\% \ T_\infty^{5/2} n_{H,5}^{-0.04} \sim 3.3\% \ T_\infty^{5/2},$$

(3.3)

while for $n_{H,\infty} \leq 10^5 \text{ cm}^{-3}$ we find

$$\langle \lambda_{\text{rad}} \rangle \sim 3.3\% \ T_\infty^{5/2} n_{H,5}^{1/2}.$$

(3.4)
As mentioned above, the dependence of \( \langle \lambda_{\text{rad}} \rangle \) on the density is due to the increasing temperature inside the ionized bubble at low densities. The period of the accretion cycle depends on all the parameters we have investigated in our simulation. In the range of densities \( n_{\text{H},\infty} \geq 10^5 \, \text{cm}^{-3} \) we find

\[
\tau_{\text{cycle}} = (6 \times 10^3 \, \text{yr}) \, \eta_{-1}^{\frac{1}{3}} \, M_{\text{bh},2}^{\frac{2}{3}} \, n_{\text{H},5}^{-\frac{1}{3}} \, T_{\infty,4}^{-\frac{1}{2}}
\]

where we use the notation of \( M_{\text{bh},2} \equiv M_{\text{bh}}/(10^2 \, M_\odot) \). However, at lower densities \( n_{\text{H},\infty} \leq 10^5 \, \text{cm}^{-3} \), we find

\[
\tau_{\text{cycle}} = (6 \times 10^3 \, \text{yr}) \, \eta_{-1}^{\frac{1}{3}} \, M_{\text{bh},2}^{\frac{2}{3}} \, n_{\text{H},6}^{-\frac{1}{6}} \, T_{\infty,4}^{-\frac{1}{2}}
\]

in which only the dependence on \( n_{\text{H},5} \) changes. The different dependence of \( \tau_{\text{cycle}} \) on \( n_{\text{H},\infty} \) is associated with a change of the mean accretion rate \( \langle \lambda_{\text{rad}} \rangle \) for each density regime. The deviation of \( \tau_{\text{cycle}} \) from the power law fit at \( n_{\text{H},\infty} = 10^7 \, \text{cm}^{-3} \) is not associated with any variation of the mean accretion rate. Our value of \( \tau_{\text{cycle}} \) for \( n_{\text{H},\infty} = 10^7 \, \text{cm}^{-3} \) is in good agreement with the value found by MCB09.

### 3.5 Dimensionless accretion rate : \( \langle \lambda_{\text{rad}} \rangle \)

In this section we seek a physical explanation for the relationship between the mean accretion rate \( \langle \lambda_{\text{rad}} \rangle \) and the temperature of the ambient medium found in the simulations. The model is valid in all the parameter space we have explored with a caveat in the low density regime \( (n_{\text{H},\infty} < 3 \times 10^5 \, \text{cm}^{-3}) \) and at low ambient temperatures \( (T_{\infty} < 3000 \, \text{K}) \).

Figure 3.9 shows the time-averaged temperature profiles for simulations in which we vary \( \eta, M_{\text{bh}}, n_{\text{H},\infty} \) and \( T_{\infty} \). In the case of different \( M_{\text{bh}} \) the radii are rescaled so that direct comparisons can be made with the case of 100 \( M_\odot \). Vertical lines indicate the accretion radius \( r_{\text{acc}} \), inside of which gas is accreted and outside of which gas
is pushed out to the ionization front. We find that the value of $r_{\text{acc}}$ is generally insensitive to the parameters of the simulation as is the gas temperature at $r_{\text{acc}}$.

Accretion onto the BH of gas inside the hot ionized sphere is limited by the thermal pressure of the hot gas and by the outflow velocity of the gas that is produced by the pressure gradient inside the Strömgren sphere. Thus, the accretion radius, $r_{\text{acc}}$, is analogous to the inner Bondi radius, $r_{\text{b, in}}$, modified to take into account temperature and pressure gradient inside the hot bubble.

Let us assume that the average accretion rate onto the BH is

$$\langle \dot{M} \rangle = 4\pi \lambda_B r_{\text{acc}}^2 \rho_{\text{in}} c_{s,\text{in}}, \quad (3.7)$$

where $\rho_{\text{in}}$ and $c_{s,\text{in}}$ (and the corresponding temperature $T_{\text{in}}$) are the density and the sound speed at $r_{\text{acc}}$. Based on the results illustrated in Figure 3.9 we expect the accretion rate to depend only on $\rho_{\text{in}}$, since $r_{\text{acc}}$ and $c_{s,\text{in}}$ can be taken to be constants.

When a Strömgren sphere is formed, the gas inside the hot bubble expands and its density decreases. Inside the ionization front the temperature is about $10^4 - 10^5$ K. Thus, assuming pressure equilibrium across the ionization front we find the dependence of $\rho_{\text{in}}$ on $T_\infty$:

$$\rho_{\text{in}} \approx \rho_\infty \frac{T_\infty}{T_{\text{in}}} = \rho_\infty \left(\frac{c_{s,\infty}}{c_{s,\text{in}}}\right)^2. \quad (3.8)$$

We find $f = r_{\text{acc}}/r_{\text{b, in}} \sim 1.8$ and the temperature at $r_{\text{acc}}$ is $T_{\text{in}} \sim 4 \times 10^4$ K independent of $\eta, M_{\text{bh}}, n_{\text{H,\infty}}$ and $T_\infty$ for a fixed spectral index of radiation $\alpha = 1.5$. The dimensionless accretion rate inside of the Strömgren sphere normalized by the Bondi accretion rate in the ambient medium is then:

$$\langle \lambda_{\text{rad}} \rangle \simeq \frac{\lambda_B r_{\text{acc}}^2 \rho_{\text{in}} c_{s,\text{in}}}{r_{\text{b,\infty}}^2 \rho_\infty c_{s,\infty}} \simeq \frac{1}{4} (1.8)^2 \left(\frac{\rho_{\text{in}}}{\rho_\infty}\right) \left(\frac{c_{s,\text{in}}}{c_{s,\infty}}\right)^{-3} \simeq 3\% T_{\infty,4}^{2.5} \quad (3.9)$$

35
where we have used $\lambda_B = 1/4$ appropriate for an adiabatic gas. Thus, $\langle \lambda_{\text{rad}} \rangle \propto T_{\infty}^{5/2}$ which is in agreement with the simulation result, given that $r_{\text{acc}}$ and $T_{\text{in}}$ remain constant when we change the simulation parameters. However, $r_{\text{acc}}$ and $T_{\text{in}}$ may not stay constant if we modify the cooling or heating function, for instance by increasing the gas metallicity or by changing the spectrum of radiation; this result suggests that the accretion rate is very sensitive to the details of the temperature structure.
inside the Strömgren sphere which shows a dependence on $n_{H,\infty}$. The temperature profile changes significantly for $n_{H,\infty} < 3 \times 10^4$ cm$^{-3}$ and this is probably the reason why our model does not fit perfectly $\langle \lambda_{\text{rad}} \rangle$ from the simulations in the lower density regime. In the next section we test whether Equation (3.7) is still a good description of our results when we change the thermal structure inside the H II region.

### 3.6 Dependence on temperature at accretion radius

In this section we study the dependence of the accretion rate on the time-averaged temperature $T_{\text{in}}$ at $r_{\text{acc}}$. We change the temperature $T_{\text{in}}$ by varying the spectral index $\alpha$ of the radiation spectrum and by including Compton cooling of the ionized gas by CMB photons. Here we explore the spectral index of the radiation spectrum in the range $\alpha = 0.5, 1.0, 1.5, 2.0, 2.5$ with the energy of photons from 10 eV 100 keV. The other parameters are kept constant at $\eta = 0.1$, $M_{\text{bh}} = 100$ M$_{\odot}$, $n_{H,\infty} = 10^5$ cm$^{-3}$ and $T_\infty = 10^4$ K.

Figure 3.10 shows the different time-averaged temperature profiles for different values of $\alpha$. Spectra with lower values of the spectral index $\alpha$ produce more energetic photons for a given bolometric luminosity, increasing the temperature inside the ionized bubble. Simulations show that the averaged accretion rate $\langle \lambda_{\text{rad}} \rangle$ increases for softer spectrum of radiation. Different slopes ($0.5 \leq \alpha \leq 2.5$) of the power-law spectrum lead to different $T_{\text{in}}$ (59000 K to 36000 K) and $\langle \lambda_{\text{rad}} \rangle$ (0.0076 to 0.0509). Adopting a harder spectrum (with $\alpha = 0.5$) instead of the softer ($\alpha = 2.5$) increases $T_{\text{in}}$ by a factor of 1.6 and $\langle \lambda_{\text{rad}} \rangle$ decreases by a factor 6.7. The fit to the simulation results in Figure 3.11 show that $\langle \lambda_{\text{rad}} \rangle$ depends on temperature at $r_{\text{acc}}$ as

$$\langle \lambda_{\text{rad}} \rangle \propto T_{\text{in}}^{-4} \propto c_{s,\text{in}}^{-8}. \quad (3.10)$$
Figure 3.10: Average temperature profiles of the H \( \text{II} \) region as a function of spectral index \( \alpha \). Smaller \( \alpha \) results in smaller \( r_{\text{acc}} \) and higher \( T_{\text{in}} \).

The dependence on \( c_{\text{s, in}} \) differs from equation \( (3.9) \). However this is not surprising because in these simulations the values of \( r_{\text{acc}} \) and \( c_{\text{s, in}} \) do not remain constant while we vary the value of the spectral index \( \alpha \). This is due to a change of the temperature and pressure gradients within the H \( \text{II} \) region. The accretion radius, \( r_{\text{acc}} \), can be expressed as a function of the Bondi radius inside the hot bubble, \( r_{\text{b, in}} = GM_{\text{bh}}c_{\text{s, in}}^{-2} \).

From the simulations we obtain the following relationship between these two radii:

\[
f = \frac{r_{\text{acc}}}{r_{\text{b, in}}} \simeq 1.8 \left( \frac{T_{\text{in}}}{4 \times 10^4 \, \text{K}} \right)^{-0.7 \pm 0.2}.
\] (3.11)

Thus, if our model for the accretion rate summarized by equation \( (3.7) \) is valid,
we should have:

$$\langle \lambda_{\text{rad}} \rangle \simeq \frac{1}{4} \frac{r_{\text{acc}}^2 \rho_{\text{in}} c_{\text{s, in}}}{r_{\text{b, B, in}} \rho_{\text{in}} c_{\text{s, B, in}}} \simeq \frac{(1.8)^2}{4} \left( \frac{\rho_{\text{in}}}{\rho_{\text{in}}} \right) c_{\text{s, in}}^{5.9} \rho_{\text{in}}^{-3}$$

$$\simeq 3\% \, T_{\text{in}}^{2.5} \left( \frac{T_{\text{in}}}{4 \times 10^4 \text{ K}} \right)^{-4}$$

in agreement with the simulation results $\langle \lambda_{\text{rad}} \rangle \propto T_{\text{in}}^{2.5} T_{\text{in}}^{-4}$ where the dependence on $T_{\text{in}}$ was not explored initially. Thus, Bondi-like accretion on the scale of $r_{\text{acc}}$ is indeed a good explanation of our results. Given the steep dependence of the value of accretion rate $\langle \lambda_{\text{rad}} \rangle$ on $T_{\text{in}}$ it is clear that it is very sensitive on the details of the thermal structure inside the H II region. This means that $\langle \lambda_{\text{rad}} \rangle$ depends on the spectrum of radiation and gas metallicity.
3.7 Accretion rate at peaks and duty cycle: $\lambda_{\text{rad, max}}$,

$f_{\text{duty}}$

We estimate $f_{\text{duty}}$ by comparing $\lambda_{\text{rad, max}}$ and $\langle \lambda_{\text{rad}} \rangle$ using Equation (3.2). This quantity gives an estimate of what fraction of BHs are accreting gas at the rate close to the maximum. Within the fitting errors, the log slopes of $\lambda_{\text{rad, max}}$ and $\langle \lambda_{\text{rad}} \rangle$ as a function of the parameters $M_{\text{bh}}$, $T_{\infty}$ are zero. Thus, we assume that the dimensionless accretion rates are independent of these parameters.

For $n_{H,\infty} \geq 10^5 \text{ cm}^{-3}$, $\lambda_{\text{rad, max}}$ can be expressed as $\lambda_{\text{rad, max}} \sim 0.55 \eta_{-1}^{0.13} n_{H,5}^{-0.18} T_{\infty,4}^{2.0}$ and the dependence of $f_{\text{duty}}$ on these parameters can be expressed using equation (3.3) as

$$f_{\text{duty}} \sim 6\% \eta_{-1}^{0.13} n_{H,5}^{0.14} T_{\infty,4}^{0.5} \tag{3.13}$$

where we include the mild dependence of $\langle \lambda_{\text{rad}} \rangle$ on the density. For $n_{H,\infty} \leq 10^5 \text{ cm}^{-3}$, $\lambda_{\text{rad, max}} \sim 0.55 \eta_{-1}^{0.13} n_{H,5}^{0.37} T_{\infty,4}^{2.0}$ has a different power law dependence on the density and we get $f_{\text{duty}}$ as

$$f_{\text{duty}} \sim 6\% \eta_{-1}^{0.13} n_{H,5}^{0.07} T_{\infty,4}^{0.5} \tag{3.14}$$

where $f_{\text{duty}}$ shows a milder dependence on the gas density. Thus, we expect about 6% of IMBHs to be accreting near the maximum rate at any given time. This value depends weakly on $\eta$, $n_{H,\infty}$ and $T_{\infty}$. 

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### 3.8 Average period between bursts: $\tau_{\text{cycle}}$

In this section we derive an analytical expression for the period of the luminosity bursts as a function of all the parameters we tested. Although $\tau_{\text{cycle}}$ shows a seemingly complicated power law dependencies on the free parameters, we find that $\tau_{\text{cycle}}$ is proportional to the time-averaged size of the Strömgren sphere. This is shown in Figure 3.12. The linear relation between $\tau_{\text{cycle}}$ and the average Strömgren radius $\langle R_s \rangle$ explains the dependence of $\tau_{\text{cycle}}$ on every parameter considered in this work.

The number of ionizing photons created by accretion onto a BH is determined by the average accretion rate and the radiative efficiency $\eta$. The average accretion rate itself can be expressed as a fraction of the Bondi accretion rate $\langle \lambda_{\text{rad}} \rangle$. Therefore, the average number of ionizing photons emitted near the BH can be expressed as

\[
N_{\text{ion}} \propto \eta \langle \lambda_{\text{rad}} \rangle \dot{M}_B
\]

\[
= \eta \langle \lambda_{\text{rad}} \rangle \frac{G^2 M_{\text{bh}}^2}{c^3 \rho_{\infty}}.
\]

It follows that:

\[
\tau_{\text{cycle}} = t_{\text{out}} \approx \frac{\langle R_s \rangle}{v_{\text{out}}} \propto \left( \frac{3 N_{\text{ion}}}{4 \pi \alpha_{\text{free}} n_H^2} \right)^{\frac{1}{3}}
\]

\[
\propto \left( \frac{1}{n_H^2} \right)^{\frac{1}{3}} \left( \eta \langle \lambda_{\text{rad}} \rangle \frac{G^2 M_{\text{bh}}^2}{c^3 \rho_{\infty}} \right)^{\frac{1}{3}},
\]

(3.16)

where we find $v_{\text{out}} \sim \frac{1}{3} c_{\text{s,in}}$. Ignoring constant coefficients and using equation (3.3) for $n_{H,\infty} \geq 10^5 \text{ cm}^{-3}$, we find:

\[
\tau_{\text{cycle}} \propto \eta \frac{1}{3} M_{\text{bh}}^{\frac{5}{2}} n_{H,\infty}^{-\frac{1}{2}} T_{\infty}^{-\frac{1}{2}},
\]

(3.17)

or using equation (3.4) for $n_{H,\infty} \leq 10^5 \text{ cm}^{-3}$, we find:

\[
\tau_{\text{cycle}} \propto \eta \frac{1}{3} M_{\text{bh}}^{\frac{5}{2}} n_{H,\infty}^{-\frac{1}{2}} T_{\infty}^{-\frac{1}{2}}
\]

(3.18)
which are exactly as in the empirical fitting formulas in both density regimes and also in good agreement with the analytical work by MBCO09. This explains the dependence of $\tau_{\text{cycle}}$ on any tested parameter $\eta$, $M_{\text{bh}}$, $n_{\text{H,\infty}}$ and $T_{\infty}$. In Figure 3.12 we also show simulation results assuming $\eta \propto \dot{m}$. All simulations show the same relationship between $\tau_{\text{cycle}}$ and $\langle R_s \rangle$. However, the simulation with the highest ambient density ($n_{\text{H,\infty}} = 10^7 \text{ cm}^{-3}$) deviates from the linear relationship, but is in agreement with the numerical simulation by MCB09. It appears that in the high density regime $\tau_{\text{cycle}}$ decreases steeply with decreasing $\langle R_s \rangle$.

We can interpret $\tau_{\text{cycle}}$ as the time scale at which the gas inside H II region gets depleted. If the gas depletion inside the Strömgren sphere is dominated by the outward gas flow, then $\tau_{\text{cycle}} \propto \langle R_s \rangle / c_{s,\text{in}}$ in agreement with the empirical linear relation in Figure 3.12. However, the depletion time scale may be different if the accretion by the BH dominates gas consumption inside the Strömgren sphere. We can derive this time scale as

$$t_{\text{in}} = \frac{M_{\text{H II}}}{\dot{M}} = \left( \frac{\langle R_s \rangle}{r_{\text{acc}}} \right)^2 \frac{\langle R_s \rangle}{3 c_{s,\text{in}}} \sim \left( \frac{\langle R_s \rangle}{r_{\text{acc}}} \right)^2 \frac{t_{\text{out}}}{9}. \quad (3.19)$$

Roughly, we expect $\tau_{\text{cycle}} = \min(t_{\text{out}}, t_{\text{in}})$. So, for $\langle R_s \rangle / r_{\text{acc}} \leq 3$, the period of the cycle scales as $\langle R_s \rangle^3$. This may explain the deviation of the period for $n_{\text{H,\infty}} = 10^7 \text{ cm}^{-3}$ from the linear relation. We see in Figure 3.9 that the ratio $\langle R_s \rangle / r_{\text{acc}} \sim 5$ for $n_{\text{H,\infty}} = 10^7 \text{ cm}^{-3}$ which is much smaller than the ratio found for other densities.

### 3.9 Rayleigh-Taylor instability

In 2D simulations we find that RT instability develops across the Strömgren radius, but it decays on short time scales. This can be explained by the pressure gradient inside the Strömgren sphere which does not allow the RT grow. In the linear regime
Figure 3.12: Period of accretion bursts as a function of the average Strömgren radius. All simulation results from all the parameters are plotted together. The average size of the Strömgren sphere shows a linear relation with the period $\tau_{\text{cycle}}$. The only exception happens at the highest density ($n_{H,\infty} = 10^7$ cm$^{-3}$), but this result is in agreement with the work by MCB09 (symbol with error bar)

the growth time scale of the RT instability of wavelength $\lambda$ is

$$\tau_{\text{RT}} \simeq \sqrt{\frac{\rho_{\text{sh}} + \rho_{\text{in}}}{\rho_{\text{sh}} - \rho_{\text{in}}} \frac{2\pi \lambda}{g}} \simeq \sqrt{\frac{2\pi \lambda}{g}}$$

where $\rho_{\text{sh}}$ is the density of the shell and $g \simeq GM_{\text{bh}}(R_s)^{-2}$ is the gravitational acceleration at the shell radius. Thus, RT timescale can be expressed as

$$\tau_{\text{RT}} \simeq \frac{\langle R_s \rangle}{c_{s,\text{in}}} \sqrt{\frac{2\pi \lambda}{r_{b,\text{in}}}}$$

(3.20)

So during one cycle perturbations grow on scales:

$$\lambda_{\text{RT}} < \left( \frac{\tau_{\text{RT}}}{\tau_{\text{cycle}}} \right)^2 \frac{r_{b,\text{in}}}{2\pi} < \frac{r_{b,\text{in}}}{2\pi}$$
where $r_{b,\text{in}}$ is the inner Bondi radius. Thus only instability on angular scales $\theta \sim \lambda_{\text{RT}}/2\pi \langle R_s \rangle \leq r_{b,\text{in}}/(2\pi)^2 \langle R_s \rangle$ grow in our simulation.
In this chapter, we show the results of simulations discussing the effects of helium heating/cooling, radiation pressures, and angular momentum on the BH accretion rate. All the simulations in this Chapter include helium heating/cooling but the gas is metal free. The simulations remain qualitatively the same as in Chapter 3 where we did not include helium; the only noticeable difference with respect to Chapter 3 is that the accretion rate at peak luminosity shows multiple minor peaks instead of a well-defined single peak. This is to be expected, as a larger opacity produces a stronger feedback with respect to the hydrogen only case, leading to multiple shocks in the gas. This complicate structure – i.e., a burst consisting of several sub-bursts – is commonly found (e.g., Ciotti and Ostriker 2007). In addition, the average accretion rate \( \langle \lambda_{\text{rad}} \rangle \) decreases from \( \sim 3\% \) to \( \sim 1\% \), but this can be understood by the increase of the mean temperature inside the Strömgren sphere to from \( T_{\text{in}} \sim 4 \times 10^4 \) K to \( \sim 6 \times 10^4 \) K. The top panel of Figure 4.1 shows the accretion rate as a function of \( \eta = 0.01-0.1 \) with \( M_{\text{bh}} = 100 \, M_\odot, \, 10^6 \, \text{cm}^{-3} \), and \( T_{\infty} = 10^4 \) K. Large symbols show \( \langle \lambda_{\text{rad}} \rangle \) while small symbols show \( \lambda_{\text{rad,max}} \). For the given set of parameters, the luminosity remains in the sub-Eddington regime, thus the effects of radiation pressures are minor. The bottom panel of Figure 4.1 shows
the dependence of $\tau_{\text{cycle}}$ on $\eta^{1/3}$, the same as found in Chapter 3. However, $\tau_{\text{cycle}}$ for $\eta = 0.1$ is now $\sim 2200$ years which is $\sim 60\%$ of the value found in Chapter 3 for the given set of parameters. This is also well understood (see Equation (3.16) in Chapter 3) as our model predicts $\tau_{\text{cycle}} \propto \langle \lambda_{\text{rad}} \rangle^{1/3}$.

4.1 Effect of Radiation Pressures

In Chapter 3, we have focused on exploring the parameter space in which the mean accretion rate is dominated by thermal feedback, i.e., radiation pressure can be neglected. We found $\langle \lambda_{\text{rad}} \rangle \sim 1\%$ for $n_{\text{H,\infty}} = 10^5$ cm$^{-3}$, assuming $M_{\text{bh}} = 100$ $M_\odot$, $T_\infty = 10^4$ K, $\alpha = 1.5$, and including helium cooling/heating. However, not surprisingly, including the effect of radiation pressure produces a reduction of the accretion rate when the BH luminosity approaches the Eddington limit. Figure 4.2 shows $\langle \lambda_{\text{rad}} \rangle$ as a function of gas density for a 100 $M_\odot$ BH, comparing simulations that do not include radiation pressure (open triangles) to ones including pressure on $\text{H} \, \text{I}$ only (open squares), on $e^-$ only (open pentagons), and the total effect of radiation pressure (solid circles). Compton radiation pressure reduces the accretion rate below $\langle \lambda_{\text{rad}} \rangle \sim 1\%$ for $n_{\text{H,\infty}} \gtrsim 10^7$ cm$^{-3}$ while the radiation pressure on $\text{H} \, \text{I}$ appears always negligible with respect to Compton scattering. Both $\langle \lambda_{\text{rad}} \rangle$ and $\lambda_{\text{rad,\max}}$ change from a constant fraction of the Bondi accretion rate to the Eddington rate $\lambda_{\text{Edd}}$, shown by the dashed line for $M_{\text{bh}} = 100$ $M_\odot$ and radiative efficiency $\eta = 0.1$.

Figure 4.3 shows the dimensionless accretion rates $\langle \lambda_{\text{rad}} \rangle$ and $\lambda_{\text{rad,\max}}$ as a function of the BH mass from $M_{\text{bh}} = 10^2$ to $10^4$ $M_\odot$, keeping the other parameters constant: $\eta = 0.1$, $10^5$ cm$^{-3}$, and $T_\infty = 10^4$ K. The simulations include radiation pressures on $\text{H} \, \text{I}$ and $e^-$, and show that the transition to Eddington-limited accretion happens for $M_{\text{bh}} \simeq 5000$ $M_\odot$. 

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Figure 4.1: Top: accretion rate in units of the Bondi rate as a function of radiative efficiency $\eta$ for simulations with $M_{\text{bh}} = 100 \, M_\odot$, $10^6 \, \text{cm}^{-3}$, and $T_\infty = 10^4 \, \text{K}$. Large symbols indicate mean accretion rate ($\langle \lambda_{\text{rad}} \rangle \sim 1\%$), while small symbols show accretion rate at peaks ($\lambda_{\text{rad,max}} \sim 20\%$). Bottom: period between bursts $\tau_{\text{cycle}}$ as a function $\eta$. The dotted line shows $\tau_{\text{cycle}} \propto \eta^{1/3}$. In both panels, triangles represent simulations neglecting the effect of radiation pressures, while circles show simulations including radiation pressures. Radiation pressures introduce a minor difference in both the accretion rate and period of the bursts for this parameter set.

### 4.1.1 Transition from Bondi-like to Eddington-limited Accretion

So far the simulation results have shown that Compton scattering on electrons is the dominant radiation pressure effect, thus the Eddington-limit applies. Figure 4.4 summarizes the results of a large set of simulations that include radiation pressure.
Figure 4.2: Comparison of relative importance of radiation pressures in regulating mean accretion rate (top panel) and the period of bursts (bottom panel) as a function of the ambient gas density $n_{H,\infty}$. Symbols are explained in the legend of the figure. Top: long dashed line shows the Eddington limit for a 100 $M_\odot$ BH with $\eta = 0.1$. When the accretion rate is sub-Eddington ($n_{H,\infty} \leq 10^6$ cm$^{-3}$) radiation pressures both on electrons and H I do not play an important role and the thermal structure of the Strömgren sphere regulates the accretion. Radiation pressure is important in reducing the accretion rate at $n_{H,\infty} = 10^7$ cm$^{-3}$ where the accretion rate approaches the Eddington rate. The transition of accretion rate from $\langle \lambda_{\text{rad}} \rangle \sim 1\%$ to the Eddington-limited regime happens at $n_{H,\infty}^{\text{Edd}} \sim 4 \times 10^6$ cm$^{-3}$ for a 100 $M_\odot$ BH with $\eta = 0.1$ and $T_{\infty} = 10^4$ K. Bottom: radiation pressures do not produce significant differences in $\tau_{\text{cycle}}$. Transition of $\tau_{\text{cycle}}$ from mode-I (dotted line) to mode-II (short dashed line) happens at the critical density $n_{H,\infty}^{\text{cr}} \sim n_{H,\infty}^{\text{Edd}}$ (see Section 4.2). The result shows a good agreement with the work of MCB09.

The top three panels in Figure 4.4(a) shows $\langle \lambda_{\text{rad}} \rangle$ as a function of gas density for $M_{\text{bh}} = 10^2, 10^3,$ and $10^4$ $M_\odot$, respectively. For each BH mass, corresponding Eddington limits are shown by the dashed lines. The panels show the mean accretion
Figure 4.3: Same as Figure 4.1 but showing $\langle \lambda_{\text{rad}} \rangle$, $\lambda_{\text{rad, max}}$, and $\tau_{\text{cycle}}$ as a function of $M_{\text{bh}}$ with $\eta = 0.1$, $10^5$ cm$^{-3}$, and $T_{\infty} = 10^4$ K. A similar pattern which we observe as a function of density is also seen as a function of $M_{\text{bh}}$. With increasing $M_{\text{bh}}$, the transition from $\langle \lambda_{\text{rad}} \rangle \sim 1\%$ to the Eddington-limited regime and the transition of $\tau_{\text{cycle}}$ from mode-I to mode-II happen at $M_{\text{bh}} \sim 4 \times 10^3 M_{\odot}$.

Figure 4.4(b) shows the mean accretion luminosity in units of $L_{\text{Edd}}$ for $M_{\text{bh}} = 10^2$, $10^3$, and $10^4 M_{\odot}$ as a function of gas density. The dotted lines show 1% of the Bondi accretion rate for each BH mass. Thus, from Figure 4.4 approximately we
have

$$\langle \dot{M} \rangle = \min(1\% T^{2.5}_{\infty,4} \dot{M}_B, \eta^{-1} \dot{M}_{\text{Edd}}), \quad (4.1)$$

where $T_{\infty,4} \equiv T_{\infty}/(10^4 \, \text{K})$, valid for density $n_{\text{H},\infty} \gtrsim 10^6 \, \text{cm}^{-3}$, and $\alpha = 1.5$.

It is thus apparent that IMBHs can grow at a rate near the Eddington limit if the gas density of the environment is larger than the critical density

$$n_{\text{H},\infty}^{\text{Edd}} \sim 4 \times 10^6 \, \text{cm}^{-3} \left( \frac{M_{\text{bh}}}{10^2 \, M_\odot} \right)^{-1} \left( \frac{T_{\infty}}{10^4 \, \text{K}} \right)^{-1} \left( \frac{\eta}{0.1} \right)^{-1}. \quad (4.2)$$
4.1.2 Why is Continuum Radiation Pressure Negligible?

As shown in Figure 4.2-4.4, the simulations show that radiation pressure on H I does not play an important role when the accretion rate is sub-Eddington. In this section, we focus on understanding why this is. Figure 4.5 shows the evolution of relative magnitude of acceleration due to radiation pressures normalized by the gravitational acceleration at a given radius. Each panel refers to a different density $n_{\text{H},\infty} = 10^5, 10^6, 10^7,$ and $10^8 \text{ cm}^{-3}$. Within the Strömgren sphere, the relative effect of Compton radiation pressure remains constant as a function of the radius since the electron fraction $x_{e^-}$ is close to unity and the gas is nearly transparent to ionizing radiation. Outside of the Strömgren sphere, the rapid decrease of the electron fraction reduces the effect of Compton scattering. Radiation pressure on H I (thick lines in Figure 4.5) increases as a function of radius and has its peak value just inside the Strömgren sphere. This is due to the increase of the H I fraction as a function of radius. Outside the Strömgren sphere the relative effect of H I radiation pressure drops quickly because the ionizing luminosity decreases rapidly due to the increase of the H I opacity.

Continuum radiation pressure on H I is comparable to Compton electron scattering only in a shell just inside the Strömgren sphere, where the H I abundance starts to increase rapidly as a function of radius and the ionizing radiation is not fully shielded by H I. With increasing gas density, the peak and mean luminosities increase, hence the relative effect of Compton pressure on average increases and eventually becomes comparable to the effect of gravity (i.e., Eddington limit). Whereas Figure 4.5 shows that the relative effect of continuum radiation pressure does not increase much with increasing gas density. In addition, the range of variation of radiation pressures during a period of oscillation decreases with increasing
Figure 4.5: Radial profiles of the gas acceleration due to radiation pressures on H I and e− normalized to the gravitational acceleration of simulations for \( n_{H,\infty} = 10^5, 10^6, 10^7, \) and \( 10^8 \) cm\(^{-3}\) with BH mass \( M_{\text{bh}} = 100 \, M_\odot, \eta = 0.1, \) and \( T_{\infty} = 10^4 \) K. Thick lines refer to radiation pressure on H I, while thin lines show Compton scattering radiation pressure. Different line types show the profiles at different time during the oscillation cycle (e.g., solid lines at the accretion bursts and dot-dashed just before the bursts). Radiation pressure on H I peaks just inside the Strömgren sphere with weak dependence on density. While Compton radiation pressure inside the Strömgren sphere increases on average as a function of density. At \( 10^7 \) cm\(^{-3}\) the peak values of H I radiation pressure and Compton radiation pressure become comparable and about 10% of gravity. However, at higher densities (\( \geq 10^8 \) cm\(^{-3}\)) radiation pressure on electrons becomes dominant everywhere inside the Strömgren sphere.

density. In other words, at low densities radiation pressures display several magnitudes of variation which are not seen in the high-density regime. As a result, at low densities (\( n_{H,\infty} \lesssim 10^6 \) cm\(^{-3}\)) radiation pressure is significant only near the peaks of luminosity and generally is negligible compared to gravity; whereas at high densities (\( n_{H,\infty} \gtrsim 10^7 \) cm\(^{-3}\)) Compton scattering dominates throughout a period of oscillation reducing the accretion rate to Eddington-limited values. Only at intermediate densities \( n_{H,\infty} \approx 10^7 \) cm\(^{-3}\), the magnitude of H I radiation pressure just behind the
Strömgren radius becomes comparable to that by Compton scattering.

The weak dependence of the H\textsc{i} radiation pressure on density and its magnitude with respect to the Compton pressure can be understood analytically. The key point is that the H\textsc{i} radiation pressure is proportional to the value of the neutral fraction $x_{\text{H}\textsc{i}}$ just behind the Strömgren radius $R_s$ and, assuming ionization equilibrium, it is easy to show that $x_{\text{H}\textsc{i}}(R_s) \propto n_{\text{H}}^{-2/3}$. It follows that the pressure on H\textsc{i} is relatively insensitive to variations of $n_{\text{H}}$:

$$P_{\text{Rad}} \propto S_0 x_{\text{H}\textsc{i}}(R_s) \exp[-\tau(R_s)] \propto n_{\text{H}}^{1/3}, \quad (4.3)$$

where $S_0 \propto n_{\text{H}}$ is the ionizing luminosity, and $\exp[-\tau(R_s)] = \text{const}$. The derivation of $x_{\text{H}\textsc{i}}(R_s)$ is as follows. At $R_s = S_0^{1/3} n_{\text{H}}^{-2/3} \alpha_R^{-1/3}$ the photoionization rate is $\Gamma(R_s) = S_0 \sigma_{\text{H}\textsc{i}}^{\text{eff}}/4\pi R_s^2 \propto n_{\text{H}}^{5/3}$. Assuming photoionization equilibrium $x_{\text{H}\textsc{i}}(R_s) \Gamma(R_s) = n_{\text{H}} \alpha_R$, we demonstrate that

$$x_{\text{H}\textsc{i}}(R_s) = \frac{n_{\text{H}} \alpha_R}{\Gamma(R_s)} \propto n_{\text{H}}^{-2/3}. \quad (4.4)$$

### 4.2 Two Self-regulated Modes of Accretion

**: Collapsing versus Quasi-steady I-front**

One of the most interesting aspects of the radiation-regulated accretion onto BHs is the qualitative change of the period and duty cycle of the luminosity bursts observed in the high-density regime. As argued in Chapter 3 and confirmed by further simulations in this Chapter, the physical reason for this transition is a change of the dominant mechanism depleting the gas inside the Strömgren sphere between two consecutive bursts. In the low-density regime, gas is pushed outward toward the ionization front by a pressure gradient (hereafter, mode-I accretion). At higher-densities gas accretion onto the BH becomes the dominant gas depletion mechanism.
(hereafter, mode-II accretion). Incidentally, as discussed below, simulations show that radiation pressure becomes important near the transition from mode-I to mode-II, at least for most of the initial conditions we have simulated. In Chapter 3, we have observed mode-II accretion only for our highest density simulation (for \(10^7 \text{ cm}^{-3}\) and \(M_{\text{bh}} = 100 \, M_\odot\)). In this Chapter, to better understand this regime, we have extended the parameter space to higher densities and higher BH masses. Figure 4.6 shows snapshots of the density (top halves in each panel) and ionization fraction (bottom halves in each panel) for 2D simulations including radiation pressure, for \(10^6 \text{ cm}^{-3}\) (top panels) and \(10^7 \text{ cm}^{-3}\) (bottom panels). The snapshots are taken for each simulation at the moment of a burst of the accretion rate (left panels), in-between two bursts (middle panels), and just before a burst (right panels). For ambient density \(10^6 \text{ cm}^{-3}\), the Strömgren sphere collapses onto the BH which leads to a strong luminosity burst. On the contrary, the size of Strömgren sphere does not change much during the oscillation period for ambient density \(10^7 \text{ cm}^{-3}\). In this latter case, the oscillation of the accretion luminosity is driven by density and pressure waves originating at the I-front, while in the former case, the collapse of the I-front onto the BH leads to a much more intense accretion burst. In Figure 4.7, we compare the accretion rate onto the BH as a function of time for \(10^6 \text{ cm}^{-3}\) (top panel) and \(10^7 \text{ cm}^{-3}\) (bottom panel). For \(10^6 \text{ cm}^{-3}\), the collapse of I-front leads to strong burst of gas accretion, with \(\lambda_{\text{rad,max}}\) about \(\times20 \langle \lambda_{\text{rad}} \rangle\). Hence, the duty cycle \(f_{\text{duty}} = \langle \lambda_{\text{rad}} \rangle / \lambda_{\text{rad,max}}\) is about 6%. The pressure gradient inside Strömgren sphere supports the gas shell accumulating at the I-front from collapsing until the accretion rate drops 4-5 orders of magnitude compared to the accretion during the burst. However, the Strömgren radius remains remarkably constant before its collapse due to the decline of gas density inside the H II region. In contrast, in the \(10^7 \text{ cm}^{-3}\) simulation the accretion rate peaks at a few times \(\langle \lambda_{\text{rad}} \rangle\) before decreasing.
Figure 4.6: Illustration of the two different modes of oscillations found at different ambient densities. The panels show the time evolution of gas density and ionization fraction in 2D simulation for a BH of mass $M_{bh} = 100 \, M_{\odot}$, gas density $10^6 \, \text{cm}^{-3}$ (top panels), and $10^7 \, \text{cm}^{-3}$ (bottom panels). In each panel, top halves show the density and the bottom halves show the ionization fraction, $x_{H_{II}} = n_{H_{II}}/n_H$. When the density is $n_{H_{II}} \leq n^*_{H_{II}} \simeq 5 \times 10^6 \, \text{cm}^{-3}$, the collapse of ionization front onto the BH leads to a burst of accretion luminosity (mode-I). For densities $n_{H_{II}} > n^*_{H_{II}}$ the size of Strömgren sphere does not change much with time (mode-II). Note the different oscillation modes of the accretion rate and luminosity are driven by the collapse of dense shell (mode-I) and by a density wave (mode-II).
by about 2 orders of magnitude. The duty cycle approaches \( f_{\text{duty}}^{\text{II}} \sim 50\% \) for this mode of accretion. As shown in Figures 4.3 and 4.4, simulations that do not include radiation pressure also show a rapid decrease of the period \( \tau_{\text{cycle}} \) and \( \lambda_{\text{rad, max}} \) with increasing gas density and BH mass, but the mean accretion rate \( \langle \lambda_{\text{rad}} \rangle \) does not. Thus, the reduced value of \( \lambda_{\text{rad, max}} / \langle \lambda_{\text{rad}} \rangle \equiv 1 / f_{\text{duty}}^{\text{II}} \) explains the longer duty cycle observed for mode-II accretion. A more detailed illustration of the qualitative difference between mode-I and mode-II accretion is shown in Figure 4.8. The figure shows the time evolution of the gas density profile (top panels), the temperature profile (middle panels) and the hydrogen ionization fraction (bottom panels) for the \( 10^6 \text{ cm}^{-3} \) and \( 10^7 \text{ cm}^{-3} \) simulations. Small variations of the density, temperature, and ionization fraction profiles are observed for \( 10^7 \text{ cm}^{-3} \), while clear collapses of I-front are observed in the evolution of the profiles for \( 10^6 \text{ cm}^{-3} \). Note that this quasi-stationary profile is not produced by the effects of radiation pressures. The same effect is found for \( 10^7 \text{ cm}^{-3} \) without including radiation pressure effects.

Interestingly, for our fiducial case simulations (\( M_{\text{bh}} = 100 \, M_\odot \), \( T_{\infty} = 10^4 \) K, \( \eta = 0.1 \), and \( \alpha = 1.5 \)), the critical density at which the mean accretion rate becomes Eddington-limited nearly coincides with the critical density for transition from mode-I to mode-II accretion. This explains why the mean accretion rate and the peak accretion rate become Eddington-limited at nearly the same density. Indeed, if while increasing \( n_{\text{H, } \infty} \), the duty cycle remained at about 6% as in mode-I accretion, the mean accretion rate would not be able to approach the Eddington limit, even though the peak accretion can be mildly super-Eddington. We will show below that the transition to mode-II accretion depends on the free parameters in the problem and may take place at much lower densities than the critical density for Eddington-limited accretion.

The quasi-stationary I-front observed for the \( 10^7 \text{ cm}^{-3} \) simulation is also im-
important to understand why there exists a clear transition to the Eddington-limited regime with increasing density or BH mass. For mode-I accretion, radiation pressure may become comparable to the gravity near the Strömgren radius, but this effect dominates only for a short time, during the peaks of luminosity. The peak accretion can indeed become moderately super-Eddington for a short time, also because of the broken spherical symmetry of the collapsing shell due to Rayleigh–Taylor instability of the accreting gas. However, for mode-II accretion, the geometry of accretion from large scales is quasi-spherical and radiation pressure effects are significant during the most of the duration of oscillations, hence the accretion rate is Eddington limited.

Figure 4.9 shows the relationship between the period of accretion bursts and the average size of the Strömgren sphere produced by the accreting BH. When the gas depletion inside the H II region is dominated by the outward flow of gas toward the I-front, \( \tau_{\text{cycle}}^I \) shows a linear relation with \( \langle R_s \rangle \) (solid line). This linear relation is almost identical to the results in Chapter 3, where helium cooling/heating was not included. By increasing the ambient gas density, eventually the gas depletion becomes dominated by accretion onto the BH. In this latter case, assuming that the dimensionless accretion rate \( \langle \lambda_{\text{rad}} \rangle \) is constant (a valid assumption in the sub-Eddington regime), \( \tau_{\text{cycle}} \) scales as \( \langle R_s \rangle^3 \) (dotted line). However, the simulation results at high ambient gas density shown in Figure 4.9 are not well fitted by \( \tau_{\text{cycle}} \propto \langle R_s \rangle^3 \), and indeed seem to follow a linear relationship \( \tau_{\text{cycle}} \propto \langle R_s \rangle \), similar to the low-density one but with an offset. This can be explained because at high densities the accretion rate becomes Eddington-limited soon after the transition to mode-II accretion for which \( \tau_{\text{cycle}} \propto \langle R_s \rangle^3 \). It follows that the assumption \( \langle \lambda_{\text{rad}} \rangle \approx \text{const} \) becomes invalid and instead \( \tau_{\text{cycle}}^I \equiv t_{\text{in}} \propto \rho \langle R_s \rangle^3 / \dot{M}_{\text{Edd}} \). In this regime, since the Strömgren radius is \( \langle R_s \rangle \propto \eta \dot{M}_{\text{Edd}} / \rho^2 \), we get \( \rho \propto \dot{M}_{\text{Edd}}^{1/2} / \rho_{\text{in}}^{-1.5} \) and

\[
\tau_{\text{cycle}}^I \propto \dot{M}_{\text{Edd}}^{-0.5} \langle R_s \rangle^{1.5}.
\] (4.5)
Figure 4.7: Accretion rates as a function of time for $10^6 \text{ cm}^{-3}$ and $10^7 \text{ cm}^{-3}$ assuming $\eta = 0.1$, $M_{\text{bh}} = 100 \text{ M}_\odot$, and $T_\infty = 10^4 \text{ K}$. Different modes of oscillations occur at different density regimes. Mode-I oscillation at $10^6 \text{ cm}^{-3}$ shows about 5 orders of magnitude range between peak and the minimum accretion rate, while mode-II oscillation at $10^7 \text{ cm}^{-3}$ shows only 2 orders of magnitude range.

As shown by the dashed lines in Figure 4.9, this model is in good agreement with the results of the simulations for different values of $M_{\text{bh}}$.

Thus, the small offset in $\tau_{\text{cycle}}$ observed in Figure 4.9 when the density is increased, can be understood because $n_{H,\infty}^{\text{crit}}$, at which the transition from mode-I to mode-II accretion takes place, is nearly equal to $n_{H,\infty}^{\text{Edd}}$, the critical density at which the mean accretion rate becomes Eddington limited. But, in general, the ratio of these critical densities may depend on all the free parameters of the model.

Our analytical model of feedback-regulated feeding of the BH, can help under-
Figure 4.8: Evolution of radial profiles for density (top panel), temperature (middle panel), and neutral/ionization fractions (bottom panel) of the same simulations in the left figure. Note the change of physical properties inside Strömgren sphere during a period of mode-I oscillation ($10^6 \text{ cm}^{-3}$), while mild changes are observed for mode-II oscillation ($10^7 \text{ cm}^{-3}$).

stand the dependence of the critical density on all the parameter space, not fully covered by the simulations. We found that the cycle period $\tau_{\text{cycle}}$ is the shortest time between the gas depletion timescales $t_{\text{in}} = M_{\text{H II}} / \dot{M}$, where $M_{\text{H II}} \sim \rho_{\text{in}} \langle R_s \rangle^3$ is the mass inside the H II region, and $t_{\text{out}} \approx 3 \langle R_s \rangle / c_{\text{s, in}}$ (see Chapter 3). Thus, by definition, when the density approaches the critical density we have $t_{\text{in}} \approx t_{\text{out}}$, but this condition also implies that the mean Strömgren radius approaches the effective accretion radius:

$$\langle R_s \rangle^\text{cr} \approx 10 \times r_{b, \text{eff}}.$$ (4.6)
Figure 4.9: Relationship between the period of the accretion bursts, $\tau_{\text{cycle}}$, and the time-averaged size of Strömgren radius $\langle R_s \rangle$. $\tau_{\text{cycle}}$ shows a linear relation with $\langle R_s \rangle$ when the gas depletion inside the Strömgren sphere is dominated by a pressure gradient inside the H II region that push the gas toward the I-front. Instead, $\tau_{\text{cycle}} \propto \langle R_s \rangle^3$ (dotted lines for each $M_{\text{bh}}$) when the gas depletion is dominated by accretion onto the BH. With increasing density of the ambient gas, for each $M_{\text{bh}}$, the transition to mode-II oscillation and the transition to Eddington-limited regime happen at similar densities $n_{\text{H,}\infty} = n_{\text{H,}\infty}^{\text{cr}} \sim n_{\text{H,}\infty}^{\text{Edd}}$. In the Eddington-limited regime $\tau_{\text{cycle}}$ becomes proportional to $\langle R_s \rangle^{3/2}$ for each BH mass (dashed lines).

Equation (4.6), is derived setting $\dot{M} = \langle \dot{M} \rangle \equiv 4\pi \rho_{\text{in}} c_s c_{\text{s, in}} r_{b, \text{eff}}^2 \equiv \langle \lambda_{\text{rad}} \rangle \dot{M}_B$ in the relationship for $t_{\text{in}}$. Since in our model we have $\rho_{\text{in}} T_{\text{in}} \simeq \rho_{\infty} T_{\infty}$, it follows that $r_{b, \text{eff}} \approx (T_{\text{in}}/T_{\infty})^{1/4} \langle \lambda_{\text{rad}} \rangle^{1/2} r_b$, and $\langle R_s \rangle^{\text{cr}} \simeq 2 T_{\infty, *} T_{\text{in}, *}^{-7/4} r_b$, where $r_b \equiv GM/c_{s, \infty}^2$ is the Bondi radius, $T_{\infty, *} \equiv T_{\infty}/10^4$ K, and $T_{\text{in}, *} \equiv T_{\text{in}}/6 \times 10^4$ K is the mean temperature at the accretion radius inside the H II region (normalized to the value...
found for $\alpha = 1.5$). Thus, $\langle R_s \rangle^\text{cr}$ and period of the bursts are

$$\langle R_s \rangle^\text{cr} \approx (0.01 \text{ pc}) M_{\text{bh,2}} T_{\text{in,*}}^{-7/4},$$  \hspace{1cm} (4.7)

$$\tau_{\text{cycle}}^\text{cr} \approx (1000 \text{ yr}) M_{\text{bh,2}} T_{\text{in,*}}^{-9/4},$$  \hspace{1cm} (4.8)

with $M_{\text{bh,2}} \equiv M_{\text{bh}}/100 M_\odot$.

Applying naively the analytical expression for the Strömgren radius produced by a source of luminosity $L \equiv \eta c^2 \langle \dot{M} \rangle$ in a gas of density $\rho_\infty$ gives $\langle R_s \rangle \propto M^{2/3} n_{\text{H,\infty}}^{-1/3} T_\infty^{1/3} \eta^{1/3}$. However, using the simulation data, we find that the mean radius of the Strömgren sphere in the sub-Eddington regime is nearly independent of $T_\infty$, and if $\langle R_s \rangle \sim (R_s)^\text{cr}$, is also independent of $\eta$:

$$\langle R_s \rangle \approx (0.015 \text{ pc}) M_{\text{bh,2}}^{2/3} \left( \frac{n_{\text{H,\infty}}}{10^6 \text{ cm}^{-3}} \right)^{-1/3} \left( \frac{\bar{E}}{41 \text{ eV}} \right)^{-5/8},$$  \hspace{1cm} (4.9)

where $\bar{E} \equiv L_0/S_0$ is the mean energy of ionizing photons, and we have assumed hydrogen recombination coefficient $\alpha_R = (4 \times 10^{13} \text{ cm}^3 / \text{s}) T_{\text{in,*}}^{-1/2}$. In addition, we find that, $\langle R_s \rangle \propto \eta^{1/3}$ as expected for $\langle R_s \rangle \gg (R_s)^\text{cr}$. The deviation from the naive expectation is not surprising, as the BH luminosity and the density inside the Strömgren sphere are not constant with time. Indeed, although both the maximum and mean luminosities of the BH are $\propto \eta$, the simulations show that the luminosity at the minimum of the cycle, $L_{\text{min}}$, is nearly independent of $\eta$. Typically $L_{\text{min}} \ll L$, but when $n_{\text{H,\infty}}$ approaches the critical value $L_{\text{min}} \sim L$. Similarly, assuming an effective mean density $(\rho_{\text{in}} \rho_{\infty})^{1/2}$ in the Strömgren radius expression would explain the temperature dependence in Equation (4.9).

Finally, setting $\langle R_s \rangle = (R_s)^\text{cr}$ we derive the critical density

$$n_{\text{H,\infty}}^\text{cr} \sim (5 \times 10^6 \text{ cm}^{-3}) M_{\text{bh,2}}^{-1} T_{\text{in,*}}^{7/4} \left( \frac{\bar{E}}{41 \text{ eV}} \right)^{-1}. \hspace{1cm} (4.10)$$

The critical density $n_{\text{H,\infty}}^\text{cr}$ as well as other scaling relationships in our model depends on $\bar{E} \equiv L/S_0$ and $T_{\text{in}}$, but for a gas of zero metallicity (including helium),
Figure 4.10: Temperature $T_{\text{in}}$ at the effective inner Bondi radius, located inside the H II region produced by the accreting BH, as a function of the mean energy of ionizing photons $\bar{E}$ of the spectrum of radiation emitted near the BH by the accretion disk. We have assumed a gas of nearly zero-metallicity and a power-law spectrum $F_{\nu} \propto \nu^{-\alpha}$.

these quantities are determined only by the spectrum of the radiation. Assuming a power law spectrum with index $\alpha$ is easy to show that

$$\bar{E} = 13.6 \text{ eV} \begin{cases} \frac{\alpha}{\alpha - 1} & \text{if } \alpha > 1, \\ \ln(h\nu_{\text{max}}/13.6 \text{ eV}) & \text{if } \alpha = 1 \\ \frac{\alpha}{(1 - \alpha)}(h\nu_{\text{max}}/13.6 \text{ eV})^{\alpha} & \text{if } \alpha < 1. \end{cases}$$ \hspace{1cm} (4.11)

We have estimated $h\nu_{\text{max}} = 0.2 \text{ keV}$ as the frequency at which the mean free path of the photons equals $\langle R_s \rangle$. The points in Figure 4.10 show $T_{\text{in}}$ as a function of $\bar{E}$ for simulations with $\alpha = 0.5, 1, 1.5, 2, 2.5$ taken from Figure 3.10 in Chapter 3. The line shows the fit to the points:

$$T_{\text{in}*, \approx} \left( \frac{\bar{E}}{41 \text{ eV}} \right)^{1/4}.$$ \hspace{1cm} (4.12)

For our fiducial model, for which $\bar{E} \sim 41 \text{ eV}$, the value of the critical density is
very close to $n_{H,\infty}^{\text{Edd}}$ given in Equation (4.2):

$$\frac{n_{H,\infty}^{\text{cr}}}{n_{H,\infty}^{\text{Edd}}} \approx \eta^{-1} T_{\infty,4} \left( \frac{E}{41 \text{ eV}} \right)^{-9/16}. \quad (4.13)$$

From an inspection of Equation (4.13) is evident that the only cases in which $n_{H,\infty}^{\text{cr}}$ can be larger than $n_{H,\infty}^{\text{Edd}}$ are assuming the largest realistic values of unity for $T_{\infty,4}$ and $\eta^{-1}$, and assuming a spectrum of radiation from the BH softer than $\alpha = 1.5$ that would reduce $\bar{E}$ with respect to the fiducial value. Vice versa a hard spectrum, low radiative efficiency and accretion from a gas colder than $10^4$ K would decrease the ratio $n_{H,\infty}^{\text{cr}}/n_{H,\infty}^{\text{Edd}}$ below unity, making mode-II accretion sub-Eddington for a wider range of densities. For these cases the period of the cycle could become very short with increasing density as $\tau_{\text{cycle}} \propto \langle R_s \rangle^3 \propto n_{H,\infty}^{-1}$.

### 4.3 Effect of Non-zero Angular Momentum of Gas

As discussed in Chapter 3, the introduction of small angular momentum in the flow, which is realistic in most astrophysical problems, can modify the time-dependent behavior of accretion rate presented in this work. Angular momentum of gas leads to the formation of an accretion disk near the Schwartzshild radius of a BH. This disk is not resolved in our simulations. Thus, the accreted gas may experience a time delay before it is converted to radiation. Here, we test how the introduction of time delay would affect the feedback loops of accretion.

As mentioned in Section 2, it is important to estimate physically motivated time delays. Here, we explore the time delay of 1–300 times $t_{\text{ff}}(R_{\text{min}})$ which is large enough with an assumption of $\alpha$-disk model. On the other hand, no matter how long is the time delay, what really matters is how the time delay compares to the oscillation period, which depends mainly on the gas density for a fixed mass of BH. We investigate this issue in the low ($10^5$ cm$^{-3}$) and high density ($10^7$ cm$^{-3}$) regimes.
Figure 4.11: Dependence of the period between bursts $\tau_{\text{cycle}}$ on the time delay between the accretion rate at $R_{\text{min}}$ and the BH output luminosity. The time delay is produced by the presence of the accretion disk that is unresolved in our simulations. The two panels show $\tau_{\text{cycle}}$ in units of $\tau_{\text{cycle},0} \equiv \tau_{\text{cycle}}(t_{\text{delay}} = 0)$ as a function of $t_{\text{delay}}$ for $10^5 \text{ cm}^{-3}$ (left panel) and $10^7 \text{ cm}^{-3}$ (right panel). The bottom axis shows $t_{\text{delay}}$ in units of the free-fall time at $R_{\text{min}}$ and the top axis in units of $\tau_{\text{cycle},0}$. The introduction of a time delay does not change $\tau_{\text{cycle}}$ when the gas density is $10^5 \text{ cm}^{-3}$, while $\tau_{\text{cycle}}$ increases by approximately the amount of time delay introduced for $10^7 \text{ cm}^{-3}$. In this density regime, the largest time delays introduced are comparable to the oscillation period $\tau_{\text{cycle},0}$. In both cases, the oscillatory behavior of the accretion luminosity does not disappear.

where the oscillation pattern and the periods are different. At low densities a time delay of a few hundred free-fall times is much smaller compared to the oscillation period, whereas at high densities the maximum time delay that we have tested is comparable to the oscillation period. In the left panel of Figure 4.11 which shows the result for $10^5 \text{ cm}^{-3}$, $\tau_{\text{cycle}}$ does not increase at all as a function of time delay since the introduced time delay is much smaller than the original oscillation period. In the right panel of Figure 4.11 for $10^7 \text{ cm}^{-3}$, the maximum time delay that we introduce is comparable to the original oscillation period, and we see that $\tau_{\text{cycle}}$
increase approximately by the amount of time delay. In both cases, we still observe oscillations. Thus, only in the case of accretion from a high-density gas which produces shorter oscillation period, and for an accretion disk with $R_{\text{disk}} \sim R_{\text{min}}$, the time delay may have an important effect on the accretion rate.

Indeed, the accretion disk may not only introduce a time delay but also smooth out the accretion rate on a timescale of the order of the viscous timescale. In this case for cases in which the disk is large ($R_{\text{disk}} \sim R_{\text{min}}$) and $\tau_{\text{cycle}}$ is short (i.e., for mode-II accretion), the disk may further smooth out or completely erase the periodic low-amplitude oscillations in the accretion rate from large scales.
Chapter 5

Bondi-Hoyle-Lyttleton Accretion
with Radiative Feedback

Classical Bondi-Hoyle-Lyttleton accretion predicts monotonic decrease of accretion rate with increasing velocity of ambient gas as in Equation (1.1), however our simulations of moving BHs with radiative feedback show a totally different dependence of accretion rate on the Mach number.

5.1 Accretion Rate as a Function of Mach Number

Early phase of the simulation shows high accretion rate which is due to the accretion of nearby dense gas since our simulations start from constant gas density \(n_{H,\infty}\), and Strömgren sphere forms around the BHs. Due to the formation of hot and ionized Strömgren sphere, accretion rate decreases as a function of time. As the simulations evolve in time, accretion becomes dominated by the motion of the gas. Figure 5.1 shows time evolution of accretion rate for different Mach numbers \(\mathcal{M} = \ldots\)
1, 2, 4, 8, and 10 for gas density \(n_{H,\infty} = 10^3 \text{ cm}^{-3}\). Most simulations except the one with \(\mathcal{M} = 4\) show steady accretion rates after the motion of BHs dominates the accretion. Time duration of the early phase is proportional to the crossing time scale \(\tau_{cr}\), and thus inversely proportional to the Mach number which is seen in Figure 5.1. Simulations with larger Mach numbers show shorter early phase of decreasing accretion rate as seen in simulations with high Mach numbers \(\mathcal{M} = 8, 10\).

When accretion reaches a steady state for the late phase, we take the asymptotic value as the \(\langle \lambda_{\text{rad}} \rangle\) while time-averaged accretion rate is taken for non-steady cases such as the \(\mathcal{M} = 4\) case. As empirically found in Paper I, in the low density regime, i.e. \(n_{H,\infty} \lesssim 10^5 \text{ cm}^{-3}\) for simulations with \(M_{bh} = 100 \, M_\odot\), \(\langle \lambda_{\text{rad}} \rangle\) is proportional to square-root of density such as \(\langle \lambda_{\text{rad}} \rangle \propto n_{H,\infty}^{1/2}\) which is not seen for the higher density regime \(n_{H,\infty} \gtrsim 10^5 \text{ cm}^{-3}\) for \(M_{bh} = 100 \, M_\odot\). Figure 5.2 shows \(\langle \lambda_{\text{rad}} \rangle\) corrected for the density dependency and shows a similar trend among many simulations with different gas densities (large symbols for \(\eta = 0.1\), gas densities \(n_{H,\infty} = 10^2 - 10^6 \text{ cm}^{-3}\)) and radiative efficiency (small pentagons for a simulation with \(\eta = 0.03\), \(n_{H,\infty} = 10^5 \text{ cm}^{-3}\)). Quasi-periodic oscillation of accretion rate for stationary BHs found in Paper I and Paper II is still observed for low Mach number \((\mathcal{M} \lesssim 0.5)\) simulations which maintain the characters of spherically symmetric accretion. This implies that introducing small systematic subsonic velocity to spherically symmetric accretion does not break the geometry of spherical symmetry. However, we find that average accretion rate \(\langle \lambda_{\text{rad}} \rangle\) decreases steeply as a function of Mach number. \(\langle \lambda_{\text{rad}} \rangle\) at \(\mathcal{M} \sim 1\) is roughly an order of magnitude smaller than for the non-moving BH when all the other parameters are fixed. This is qualitatively consistent with the prediction of Bondi-Hoyle-Lyttleton accretion meaning that the amount of gas not accreted by the BH in the downstream increases with increasing Mach number.
The spherically symmetric accretion breaks with increasing Mach number \( \mathcal{M} \gtrsim 1 \), and the shape of the Strömgren sphere makes a transition to a well-defined axisymmetric geometry. The shape of the H II region becomes elongated along the direction of the gas flow in the downstream direction, while a bow-shaped dense shell develops in front of the Strömgren sphere in the upstream direction, and significantly affects the velocity field of gas inflow. In theory, steady state accretion can be achieved in this range of Mach numbers since gas can be continuously supplied to the BH without interruption. Surprisingly, in this range of Mach numbers, \( \langle \lambda_{\text{rad}} \rangle \) increases as a function of Mach number which is opposite to the classical Bondi-Hoyle-Lyttleton description. A Mach number of \( \mathcal{M} \sim 1 \) is roughly the turning point where \( \langle \lambda_{\text{rad}} \rangle \) has a minimum.

Approximately at \( \mathcal{M} \sim \mathcal{M}_{\text{cr}} \), \( \langle \lambda_{\text{rad}} \rangle \) reaches peak values for all simulations with different parameters. An instability of the dense shell that leads to bursts of accretion rate present in some simulations for this Mach number range will be discussed in Section 5.3. At higher Mach numbers \( \mathcal{M} > \mathcal{M}_{\text{cr}} \), a steady state solution is achieved once again since the dense shell does not form due to high velocity of gas inflow (\( R \)-type I-fronts). In this range of Mach numbers, \( \langle \lambda_{\text{rad}} \rangle \) shows a monotonic decrease as a function of Mach number, which is similar to Bondi-Hoyle-Lyttleton solution shown as a dashed line in Figure 5.2.

### 5.2 Isothermal Shock and D-type I-Front

#### 5.2.1 Structure of Elongated Strömgren sphere

For Mach numbers \( 1 < \mathcal{M} < \mathcal{M}_{\text{cr}} \), a dense bow shock forms in front of Strömgren sphere in the upstream direction, followed by an I-front (see Figure 5.3). Most of the gas inflow propagates through the bow shock without changing direction.
Figure 5.1: Accretion rate as a function of time for a BH with $M_{\text{bh}} = 100 \, M_\odot$, $n_{H,\infty} = 10^3 \, \text{cm}^{-3}$, and $T_{\text{in}} = 10^4 \, \text{K}$. Different lines show simulations for BH moving at Mach number 1,2,4,8 and 10 (see labels under each line). Early phase of the simulations shows oscillatory behavior which becomes steady later being dominated by the motion of the gas as the simulations evolve. Simulations with bigger Mach number show smaller effect of early phase oscillation which is extremely weak in simulation with $M = 8, 10$. Average accretion rate as a function of Mach number increases for Mach number from 1 to 4 and decreases for higher Mach numbers. Quasi-periodic burst of accretion is seen for the simulation with $M = 4$.

while a small fraction of the gas inflow becomes re-directed farther from the axis of symmetry. The formation of a bow shock in the upstream direction greatly changes the physical properties behind the shock such as the density and velocity, while the gas temperature remains relatively unaffected (isothermal shock). Note that the H ii region has a cometary shape, with overall length increasing linearly with
Figure 5.2: Accretion rate as a function of Mach number. Classical Bondi-Hoyle accretion predicts monotonic decrease of accretion rate as $\langle \lambda_{\text{rad}} \rangle \propto (1 + M^2)^{-1.5}$ (dashed line). However, our simulations show that $\langle \lambda_{\text{rad}} \rangle$ decreases with $M$ for low Mach number $M < 1$ with minimum $\langle \lambda_{\text{rad}} \rangle$ at $M \sim 1$, increases for $1 < M \lesssim M_{\text{cr}}$, and decreases again for $M > M_{\text{cr}}$. Solid line shows our model using isothermal ($\gamma = 1$) shock and $D$-type I-front jump condition for the dense shell in the upstream direction. Density dependence of the mean accretion rate ($\langle \lambda_{\text{rad}} \rangle \propto n_{\text{H,\infty}}^{1/2}$ from Paper I) is applied for comparison between simulations with various densities ($n_{\text{H,\infty}} = 10^2 - 10^6 \text{ cm}^{-3}$). Dot-dashed line indicates the critical Mach number $M_{\text{cr}}$ where the $\langle \lambda_{\text{rad}} \rangle$ peaks.

increasing Mach number. The size of the H II region in the upstream is not sensitive to the change of Mach number, while in the downstream direction shows a linear relationship to the Mach number as shown in Figure 5.3. This is because bow-shock does not form in the downstream direction and thus the Strömgren sphere becomes elongated with the gas flow. The upper panels in Figure 5.3 show the changes of
Figure 5.3: Density and ionization fraction for simulations of a BH of mass $M_{bh} = 100 \, M_\odot$, gas density $n_{H,\infty} = 10^5 \, \text{cm}^{-3}$, and temperature $T_{\infty} = 10^4 \, \text{K}$ moving at $\mathcal{M} = 1, 2, \text{and} 4$ (from left to right). Each panel shows large scale view of the Strömgren sphere in cometary shape and the dense shell in the upstream direction for each simulation with different Mach numbers. The size of the Strömgren sphere in the downstream increases roughly linearly with increasing Mach number. However, the size of the Strömgren in the upstream direction remains constant as a function of Mach number. With increasing Mach number, the density of the shell in the upstream direction increases ($n_{H,\text{shell}}/n_{H,\infty} \propto \mathcal{M}^2$) and the density behind the dense shell also increases $n_{H,\text{in}}/n_{H,\infty} \propto (1 + \mathcal{M})^2$ for $1 < \mathcal{M} < \mathcal{M}_{\text{cr}}$. 

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Figure 5.4: Density, velocity, temperature, and H I abundance (from top to bottom) profiles along X-axis for simulations in Figure 5.3 for \( M = 1 \) (solid lines), 2 (dotted), and 4 (dashed). Left panels (note that small scale is located on the right side) show profiles of downstream while right panels show upstream profiles.

density structure and the Strömgren sphere shape for \( M = 1, 2, \) and 4 respectively. The lower panels show the vector fields over the gas density for each simulation. In the bottom panels, we use a logarithmic scale for the radial direction to better show the motion of gas in the vicinity of BH.

For \( M = 1 \) the size of Strömgren in the downstream is roughly \( \sim 4 \) times the size of the Strömgren in the upstream direction. The density structure in the downstream direction is very complex as shown in Figure 5.3. The re-directed gas streams form high density regions and shocks. However, since most of the gas downstream of the BH is not accreted onto the BH, we will focus on understanding the upstream
structures. The size of the Strömgren sphere in the upstream/downstream directions will be discussed in greater detail in the next section.

### 5.2.2 Isothermal Density Shock and D-type I-front

In the simulations, we observe that the density and velocity of gas changes as a function of Mach number while temperature remains constant (see density and temperature profiles in Figure 3.2), which allow us to model the shock using isothermal ($\gamma = 1$) shock jump condition. The ratio between the densities at infinity and behind the isothermal shock is,

$$\frac{\rho_{sh}}{\rho_{\infty}} = \frac{v_{\infty}}{v_{sh}} = M^2.$$  \hspace{1cm} (5.1)

Since the density of the shell is approximately proportional to square of Mach number, the velocity is inversely proportional to the square of the Mach number, assuming mass flux ($\rho v$) is conserved. Left panels of Figure 5.6 show the ratios between...
density/velocity of gas at infinity and inside the dense shell. The lines show the model for an isothermal shock. Applying the isothermal jump condition, the Mach number in the shell, $\mathcal{M}_{sh}$, can be expressed as

$$\mathcal{M}_{sh} \equiv \frac{v_{sh}}{c_{s,sh}} = \frac{v_\infty}{c_{s,\infty}} \mathcal{M}^{-1} < 1.$$  \hspace{1cm} (5.2)

Across an I-front, the density ratio between the gas in the shell and in the H II region can be estimated by solving the mass and momentum conservation conditions ($\rho_{in} v_{in} = \rho_{sh} v_{sh} = J\mu$ with $\mu = 1.27m_H$):

$$\frac{\rho_{in}}{\rho_{sh}} = \frac{(1 + \mathcal{M}_{sh}^2) \pm \sqrt{(1 + \mathcal{M}_{sh}^2)^2 - 4\mathcal{M}_{sh}^2\Delta T}}{2\Delta T},$$  \hspace{1cm} (5.3)

where $\Delta T \equiv T_{in}/T_\infty$. Due to the condition for the density ratio in Equation (5.3)
to have real positive values, the Mach number must be less than \( M_{\text{sh,D}} \) where \( D \) stands for \textit{dense} gas, or greater than \( M_{\text{sh,R}} \) where \( R \) refers to \textit{rarefied} gas. \( D \)- and \( R \)-critical Mach numbers of the shell are respectively:

\[
M_{\text{D,sh}} = \sqrt{\Delta T} - \sqrt{\Delta T - 1} = \sqrt{\Delta T} (1 - \sqrt{1 - 1/\Delta T}) \sim \frac{1}{2\sqrt{\Delta T}} \quad (5.4)
\]

\[
M_{\text{R,sh}} = \sqrt{\Delta T} + \sqrt{\Delta T - 1} = \sqrt{\Delta T} (1 + \sqrt{1 - 1/\Delta T}) \sim 2\sqrt{\Delta T} \quad (5.5)
\]

where \( M_D \equiv M_{\text{D,sh}}^{-1} \) which is equal to \( M_{\text{R,sh}} \).

By combining Equation (5.1) and (5.3) we get

\[
\Delta \rho \equiv \frac{\rho_{\text{in}}}{\rho_{\infty}} = \frac{\rho_{\infty}}{\rho_{\text{sh}}} \frac{\rho_{\text{sh}}}{\rho_{\infty}} = \frac{(M^2 + 1) \pm \sqrt{(M^2 + 1)^2 - 4M^2\Delta T}}{2\Delta T}. \quad (5.6)
\]

Similarly, the velocity ratio between \( \text{H I} \) and \( \text{H II} \) region is expressed as \( \frac{v_{\text{in}}}{v_{\infty}} = \Delta \rho^{-1} \). The \( R \)-critical Mach numbers \( M_{\text{R,sh}} \) in Equation (5.5) and \( M_R \) in Equation (5.7) are identical since they do not form isothermal shock at this Mach number. Note that \( D \)- and \( R \)-critical Mach numbers are exactly the same:

\[
M_{\text{cr}} = \sqrt{\Delta T} + \sqrt{\Delta T - 1} \sim 2\sqrt{\Delta T}, \quad (5.8)
\]

where \( M_{\text{cr}} \sim 4.7 \) for \( \Delta_T \approx 6 \) (i.e. \( T_{\text{in}} = 6 \times 10^4 \) K). Thus, we get \( D \)-type I-fronts for \( M < M_{\text{cr}} \) while a transition to \( R \)-type occurs at \( M \gtrsim M_{\text{cr}} \).

Right panels of Figure 5.6 show the density and velocity ratios between the gas at infinity and inside the \( \text{H II} \) region for simulations with different gas density and radiative efficiency as a function of Mach number. We select densities within the \( \text{H II} \) region where the density profiles has a minimum behind the I-front, while velocities are read at the same radius. Simulations show a good match with our model shown as solid lines which is a combination of isothermal shock and \( D \)-type I-fronts jump condition. For a plane parallel I-front and shock, mass flux of the
gas is conserved: \( \rho_{\text{in}} v_{\text{in}} = \rho_{\infty} v_{\infty} \). However, due to the velocity component of the gas perpendicular to the direction of the BH motion, smaller values of \( \rho_{\text{in}} v_{\text{in}} \) are observed in the right bottom panel of Figure 5.6. \( \langle \lambda_{\text{rad}} \rangle \) also can be estimated using the physical conditions outside the H II region since the density and velocity inside the Strömgren sphere can be modeled combining isothermal shock and D-type I-front jump condition. Since the accretion rate inside the H II region is \( \dot{M} \propto M_{\text{bh}}^2 \rho_{\text{in}} c_{s,\text{in}}^{-3} (1 + M_{\text{in}}^2)^{3/2} \), we can normalize the accretion rate by \( \dot{M}_B \propto M_{\text{bh}}^2 \rho_{\infty} c_{s,\infty}^{-3} \) such that

\[
\langle \lambda_{\text{rad}} \rangle \equiv \frac{\dot{M}}{\dot{M}_B} = \frac{\rho_{\text{in}}}{\rho_{\infty}} \left(\frac{c_{s,\infty}}{c_{s,\text{in}}}\right)^3 \frac{1}{(1 + M_{\text{in}}^2)^{3/2}} = \frac{\Delta_p \Delta_T^{-3/2}}{(1 + \Delta_p^{-2} \Delta_T^{-1} M^2)^{3/2}},
\]

(5.9)

(5.10)

since \( M_{\text{in}} = v_{\text{in}}/c_{\text{in}} = \Delta_p^{-1} \Delta_T^{-1/2} M \approx 1 \). The solid line in Figure 5.2 shows the model which displays a good match with simulations except for the ones which exhibit low accretion rates around the critical Mach number \( M_{\text{cr}} \).

### 5.2.3 Size of Strömgren Sphere in the Up/Downstream Direction

The gas inflow in the direction of the polar axis \( \theta = 0 \) (upstream) can be approximated by a 1D accretion where the Strömgren sphere is supplied with gas with constant velocity \( v_{\infty} \). This enables us to predict the size of the I-front at \( \theta = 0 \). Suppose that the total number of ionizing photons from BHs equals the number of H recombinations inside a radius \( \langle R_s \rangle \), where neutral gas flow with density \( n_e \) and velocity \( v_{\infty} \) is supplied from a neutral gas reservoir:

\[
N_{\text{ion}} = \frac{4\pi}{3} \langle R_s \rangle_{\theta=0}^3 \alpha_{\text{rec}} n_e^2 + 4\pi \langle R_s \rangle_{\theta=0}^2 n_e v_{\infty},
\]

(5.11)

where \( N_{\text{ion}} \) is the number of emitted ionizing photons, being directly related to the luminosity of the BHs (which is a function of Mach number). When the magnitudes
of the two terms on the right side of the Equation (5.11) are compared, the first term is dominant over the second term due to the motion of the BH. Inside the Strömgren sphere, most of the H/He is ionized ($\chi_e \sim 1$), we express the gas number density inside the H II region in terms of $n_{H,\infty}$ such as

$$n_e \sim \chi_e n_{H,\infty} = \frac{1 + \mathcal{M}^2}{2\Delta_T} n_{H,\infty}$$  \hspace{1cm} (5.12)$$

which is valid for $1 < \mathcal{M} < \mathcal{M}_{cr}$ and can be plugged into Equation (5.11). Considering that $\langle \lambda_{\text{rad}} \rangle \propto n_{H,\infty}^{0.5}$ for $n_{H,\infty} \lesssim 10^5 \text{ cm}^{-3}$ and $M_{bh} = 100 \ M_\odot$, we derive the dependence of the average size of Strömgren sphere in the upstream direction $\theta = 0$ as

$$\langle R_s \rangle_{\theta=0} \propto \eta^{1/3} n_{H,\infty}^{-1/6}. \hspace{1cm} (5.13)$$

Figure 5.7 shows the size of Strömgren sphere at $\theta = 0$ as a function of Mach number for various densities ($n_{H,\infty} = 10^2 - 10^6 \text{ cm}^{-3}$) and radiative efficiency ($\eta = 0.1, 0.03$). Simulations show a good match with the model.
Figure 5.8: Size of low density region ($\theta = \pi$) and $\langle R_s \rangle_{\theta=\pi}$ in the downstream direction as a function of $\mathcal{M}$. Low density region is bigger than the size of ionized region due to the concentrated gas along the line of $\theta = \pi$.

Then, we can model the size of the Strömgren sphere in the downstream direction in a similar manner. However, the structure of the gas flow in the downstream direction is different from that in the upstream direction due to the ??? of a shock. The size of the Strömgren sphere in the downstream direction is determined by the motion of the gas flow

$$N_{\text{ion}} \simeq 4\pi \langle R_s \rangle_{\theta=\pi}^2 n_e v_\infty,$$  \hspace{1cm} (5.14)

where $n_e$ can be calculated simply using pressure equilibrium condition $n_{\text{H,in}} = n_{\text{H,\infty}} \Delta T^{-1}$. The size of the Strömgren sphere in the downstream direction is

$$\langle R_s \rangle_{\theta=\pi} \propto \eta^{1/2} n_{\text{H,\infty}}^{1/4} (1 + \mathcal{M}^2)^{1/2},$$  \hspace{1cm} (5.15)

where $\langle R_s \rangle_{\theta=\pi}$ is approximately proportional to Mach number $\mathcal{M}$ in the range $1 < \mathcal{M} < \mathcal{M}_{\text{cr}}$. Figure 5.8 shows that the model shows a good agreement with the simulations for $n_{\text{H,\infty}} = 10^5 \text{ cm}^{-3}$. Note that the dominant mechanism which determines $\langle R_s \rangle_{\theta=\pi}$ is different from upstream case $\theta = 0$ where photo-ionization/recombination are the main factor. In fact, the size of the Strömgren sphere is smaller than the size of low density region as seen in Figure 5.3 and 5.8. The velocity of the gas outside
Figure 5.9: Simulation of a BH with mass $M_{\text{bh}} = 100 \, M_\odot$, gas density $10^3 \, \text{cm}^{-3}$, and temperature $T_\infty = 10^4 \, \text{K}$ moving at $M = 3.4$. As the $M$ approaches the $M_{\text{cr}}$, the dense shell in the upstream direction becomes unstable since the recombination time scale $\tau_{\text{rec}}$ becomes comparable to the crossing time scale $\tau_{\text{cr}}$. The shell forms and gets destroyed in the quasi-oscillatory behavior. When the dense shell break and fall onto the BH, accretion rate show peak luminosities which is an order of magnitude higher than the average (shown as dotted line).

the Strömgren sphere determines the size of density structure. Another factor which makes $\langle R_s \rangle_{\theta=\pi}$ smaller than the low density region is that gas gets focused along the line of $\theta = \pi$ due to the gravity of the BHs. Enhanced density structure in the down stream makes the Strömgren sphere smaller than the low density region. Figure 5.8 shows the size of low density region and Strömgren sphere in the downstream showing that the size estimation from Equation (5.14) shows a good match with size of low density region, but the Strömgren sphere size is significantly smaller than the density structure.

5.3 Stability and Oscillation

As discussed in the previous Section, average accretion rate $\langle \lambda_{\text{rad}} \rangle$ increases as a function of Mach number in the range $1 < M < M_{\text{cr}}$. In the lower side of this
Figure 5.10: Density and ionization fraction for a simulation of a BH of mass $M_{bh} = 100 \, M_{\odot}$, gas density $10^4 \, \text{cm}^{-3}$, and temperature $T_\infty = 10^4 \, \text{K}$ moving at $M = 2.7$. The shell forms and gets destroyed in a quasi-oscillatory behavior. When the dense shell breaks and falls onto the BH, accretion rate show peak luminosities which is a factor of 5-6 higher than the average.
Mach number range, all simulations show steady state at the end of the simulation. Interestingly, as the Mach number approaches $M_{\text{cr}}$, some simulations in the intermediate densities ($n_{\text{H,\infty}} = 10^3 - 10^4$ cm$^{-3}$) become unstable developing intermittent bursts of accretion rate due to formation/destruction of the dense shell in the upstream direction (see Whalen and Norman 2011). Figure 5.10 shows time evolution of a simulation with BH mass $M_{\text{bh}} = 100$ $M_{\odot}$, gas density $n_{\text{H,\infty}} = 10^4$ cm$^{-3}$, and temperature $T_{\infty} = 10^4$ K moving at Mach number $M = 2.7$. As seen in Figure 5.3 similarly, ionizing photons create axis-symmetric H II region around the BH. In the early phase, the structure of dense shell remains relatively steady, however, violent instabilities develop as time evolves. When dense shell destruction happens, accretion rate increases due to the accretion of dense gas which was originally located in the dense shell. Thus, increased accretion rate creates more ionizing photons blowing out the thinner part of the shells. Irregularly shaped dense shells reform and break in a repetitive manner creating intermittent bursts of accretion luminosity. In case of a simulation with $n_{\text{H,\infty}} = 10^3$ cm$^{-3}$, the interval between the bursts of accretion rate is $\sim 3000$ years, which is very regular as seen in Figure 5.9.

We discuss the period between the bursts of accretion rate by inspecting recombination and crossing time scales such as

$$\tau_{\text{rec}} \sim \frac{1}{n_{\text{H,\infty}} \alpha_{\text{rec}}} = \left( \frac{n_{\text{H,\infty}}}{10^5 \text{ cm}^{-3}} \right)^{-1} \left( 1 + M^2 \right) \frac{2 \Delta T}{yrs} \quad (5.16)$$

$$\tau_{\text{cr}} \sim \frac{\langle R_s \rangle_{\theta=0}}{c_{\text{r,\infty}}} = 3 \times 10^2 \left( \frac{\langle R_s \rangle_{\theta=0}}{0.01 \text{ pc}} \right) \left( \frac{v_{\infty}}{10 \text{ km/s}} \right)^{-1} \text{ yrs}, \quad (5.17)$$

where $T_{\infty} = 10^4$ K is assumed. For $n_{\text{H,\infty}} = 10^3$ cm$^{-3}$ and $M \sim 3$, the recombination time scale is $\tau_{\text{rec}} \sim 80$ years and the crossing time scale is $\tau_{\text{cr}} \sim 100$ years. Obviously, these time scales are much shorter than the average period between bursts for $n_{\text{H,\infty}} = 10^3$ cm$^{-3}$ as seen in Figure 5.9. In the Paper I and Paper II we found a linear relationship between the average size of the Strömgren spheres $\langle R_s \rangle$ and the period.
between oscillations for stationary BHs, which is of a few 1000 years for $M_{\text{bh}} = 100 \, M_{\odot}$ and $\eta = 0.1$. This time scale is also proportional to the sound crossing time of the H II region. The same argument can be applied for interpreting the period between intermittent bursts for moving BHs since the dense shell breaks due to the nature of instabilities of propagating I-fronts, but the following burst of luminosity reconstruct the dense shell arc structures by forming an expanding low density H II in the upstream direction.

5.4 Critical Velocity and Peak Luminosity

Our model using isothermal shock and D-type I-front predicts that accretion rate peaks at the critical Mach number $\mathcal{M}_{\text{cr}}$, in a good agreement with simulations. However, the accretion rate does not reach the highest peak luminosity expected in the model. Our model assumes plane parallel gas inflow to estimate the density and velocity of the gas behind the dense shell. However, the simulations show that a better match to this assumption holds at lower Mach number $\mathcal{M} \sim 1$, when the shape of the dense shock is better approximated with a plane parallel, but the assumption breaks down with increasing $\mathcal{M}$. We run a complementary set of simulations to study more precisely the changes of the physical properties as a function of Mach number, since the simulations with constant velocities have a coarse sampling in velocity space and show an intrinsic scatter which might be resulted from the initial conditions. We start the simulation from $\mathcal{M} \sim 1$ and increase the velocity of the gas inflow at the boundary. This type of “wind tunnel” experiments with increasing gas velocity is useful to focus on the changes of physical properties as a function of $\mathcal{M}$ holding the other parameters fixed. Critical Mach number $\mathcal{M}_{\text{cr}}$ and the peak luminosity depend on the temperature ratio $\Delta_T$ shown
in Equation (5.8). Figure 5.11 shows the change of accretion rate as a function of Mach number for different temperatures at infinity $T_{\infty} = 7000, 10000,$ and $13000$ K for $M_{bh} = 100 \, M_\odot$, $n_{H,\infty} = 10^5 \, \text{cm}^{-3}$, and $\eta = 0.1$. Our model is in good agreement with simulations with different temperature $T_{\infty}$ as shown in Figure 5.11. The peak accretion rates in these cases are very close to the model and the critical Mach number for each $\Delta T$ agrees with the model. However, the caveat is that the dense shell which initially forms at the beginning of the simulations does not change its location as the velocity of gas increases as observed for the constant $v$ cases.

It is convenient to express the critical Mach number $M_{cr}$ as a critical velocity. Since $M_{cr} \sim 2\sqrt{\Delta T}$, the corresponding velocity $v_{cr}$ is independent of $T_{\infty}$:

$$v_{cr} = M_{cr} c_{s,\infty} \simeq 2 c_{s,\text{in}}.$$  \hspace{1cm} (5.18)

The velocity for peak accretion depends only on the sound speed inside the H II region and is $v_{cr} = 50 \, \text{km s}^{-1}$ for $T_{\text{in}} = 6 \times 10^4$ K ($c_{s,\text{in}} = 25 \, \text{km s}^{-1}$). As explored in Paper I, $T_{\text{in}}$ depends on the hardness of the spectrum emitted by the BHs and the.
Figure 5.11: Accretion rates as a function of Mach number for simulations with $M_{bh} = 100 \ M_{\odot}$, $n_{H,\infty} = 10^{5} \ \text{cm}^{-3}$, and $\eta = 0.1$. Different lines and symbols show the models and simulations respectively for temperatures at infinity $T_{\infty} = 7000 \ \text{K}$ (long-dashed line, open hexagon), $10000 \ \text{K}$ (solid line, open/solid squares), and $13000 \ \text{K}$ (short-dashed line, triangles). Solid squares show the simulation with higher BH mass $M_{bh} = 1000 \ M_{\odot}$ and lower ambient gas density $n_{H,\infty} = 10^{4} \ \text{cm}^{-3}$ which shows the identical results with the simulation with the same ambient gas temperature $T_{\infty} = 10000 \ \text{K}$. 

\[
\langle \lambda_{\text{red}} \rangle
\]
Chapter 6

Summary and Discussion

6.1 Stationary Black Holes with Radiative Feedback

We have presented a systematic study on how the classic Bondi problem of spherical accretion onto a compact object is modified by the effects of radiation feedback. We solve radiative transfer equations in the radial direction for the hydrogen and helium ionizing radiation emitted by the BH. Gas is optically thin inside Strömgren radius while it becomes optically thick for gas outside the ionized gas. We study accretion rates and feedback loop periods while varying radiative efficiency, mass of BH, density and temperature of the medium, and spectrum of radiation. The aim of this work is to simulate feedback-regulated accretion in a wide range of the parameter space to formulate an analytical description of processes that dominate the self-regulation mechanism.

Thus, in this first part (Chapter 3) we keep the physics as simple as possible, neglecting the effect of angular momentum of the gas, radiation pressure and assuming a gas of primordial composition (i.e. metal and dust free). We find an oscillatory
behavior of the accretion rate that can be explained by the effect of UV and X-ray photo-heating. The ionizing photons produced by the BH near the gravitational radius increase gas pressure around the BH. This pressure prevents the surrounding gas from being accreted. An over-dense shell starts to form just outside the Strömgren sphere. Due to the decreased accretion rate, the number of emitted ionizing photons decreases and the density inside the Strömgren sphere also decreases with time. Gas accretion onto the BH is dominant in decreasing the density inside the H II region only for ambient gas density \( n_{H,\infty} \gtrsim 10^7 \text{ cm}^{-3} \); for lower values of the ambient gas density the gas inside the H II region is pushed outward toward the dense shell by a pressure gradient that develops behind the ionization front. Eventually, the pressure gradient inside the Strömgren sphere is not able to support the weight of the over-dense shell that starts to fall toward the BH. The accretion rate rapidly increases and the Strömgren sphere starts to expand again.

We find that the average accretion rate is sensitive to the temperature of the ambient medium and to the temperature profile inside the ionized bubble, and so depends on the gas cooling function and spectral energy distribution of the radiation. The period of the accretion bursts is insensitive to the temperature structure of the H II region, but is proportional to its radius. Our simulations show that 1D results adequately reproduce 2D results in which instabilities often develop. The dependencies of \( \langle \lambda_{\text{rad}} \rangle \) and \( \tau_{\text{cycle}} \) on our free parameters can be explained analytically. Assuming pressure equilibrium across the Strömgren sphere is a key ingredient to derive the dependence of \( \langle \lambda_{\text{rad}} \rangle \) on \( T_\infty \), whereas the linear relation between the average size of the Strömgren sphere and \( \tau_{\text{cycle}} \) is used to derive the dependence of \( \tau_{\text{cycle}} \) on all the parameters we varied.

The qualitative picture of the feedback loop agrees with the description of X-ray bursters in Cowie et al. (1978). After extrapolating our analytical formulas to BHs of
a few solar masses studied by Cowie et al. (1978), we find that the average accretion rate is in good agreement ($L \sim 2 \times 10^{35} \text{ erg/s}$). However, the details of the accretion rate as a function of time, the burst period and peak accretion rates show qualitative differences. Cowie et al. (1978) simulations do not show periodic oscillation while our simulations have well-defined fast rise and exponential decay of accretion followed by quiescent phases of the accretion rate. This regular pattern of accretion bursts is possible only when spherical symmetry is maintained on relatively large scales during oscillations. An axisymmetric radiation source (Kurosawa and Proga 2009a, b; Kurosawa et al. 2009; Proga 2007; Proga et al. 2008) or inhomogeneous initial condition on scale of the Bondi radius can break the symmetry.

In Chapter 4, we have focused on the effects that radiation pressure and angular momentum have on the gas supply and accretion rate onto the BH. The simulations focused on accretion onto IMBHs but the analytical scaling relationships we have derived are rather general, and although the initial conditions are somewhat idealized, should describe reality more accurately than the classical Bondi formulae.

In our models we have assumed that the BH accretes from a uniform density and temperature reservoir, significantly larger than the Bondi radius and $\langle R_s \rangle$. This assumption is well motivated for accretion onto stellar and IMBH, but for SMBH there could be supply of gas to the BH from stars within $\langle R_s \rangle$ (stellar winds) or other astrophysical object (merger-driven accretion, etc). The scaling relationships can be applied to problems involving a wide range of masses of the accretor, from stellar mass objects (e.g., Wheeler and Johnson 2011) to supermassive BHs. One caveat is that we are neglecting the effects of self-gravity of the gas (see Li 2011) and the gravitational potential due to the dark matter halo of the host galaxy, which may play an important role for the case of accretion onto supermassive BHs. Indeed, a simple calculation shows that at the I-front gravity due to the mass of the gas
inside the Strömgren sphere exceeds the BH’s gravity if $M_{\text{bh}} \gtrsim 10^6 M_\odot/(\eta_{-1} T_{\infty,4})$.

Our model predicts scaling relationships for the period, duty cycle, peak and mean accretion onto the BH, as well as relevant critical densities and size of the Strömgren sphere around the BH. In the following summary of the scaling relationships, we express $T_{\text{in}}$ in the equations in terms of $\bar{E}$ given by Equation (4.12) that is valid for a gas of low-metallicity. $\bar{E}$ is related to the spectral index $\alpha$ by Equation (4.11). For higher values of the gas metallicity, the coefficients in the equations can be different due to changes in the relationship between $T_{\text{in}}$ and the spectrum of the radiation.

A caveat is that our simulations have explored a large but limited parameter space for the masses of the BHs, temperature and density of the ambient gas, etc. So, the proposed scaling relationships, although they are based on a physically motivated model we inferred from the simulations, should be used with caution for sets of parameters that are significantly different from the range confirmed by simulations.

The main qualitative result of our study is that radiation feedback produces periodic oscillations of the accretion rate from large scales onto the BH, and thus periodic short-lived bursts of the BH luminosity. We found two modes of self-regulated accretion, determined by

$$n_{\text{H},\infty}^{\text{cr}} \sim 5 \times 10^6 \text{ cm}^{-3} \left( \frac{\bar{E}}{41 \text{ eV}} \right)^{-9/16}.$$  \hspace{1cm} (6.1)

If $n_{\text{H},\infty} < n_{\text{H},\infty}^{\text{cr}}$ (mode-I), the accretion luminosity of the BH has regular bursts with period $\tau_{\text{cycle}}^I$ during which the BH increases its brightness by about 5 orders of magnitude but only for a short fraction of the cycle period: the duty cycle is $f_{\text{duty}}^I \equiv \tau_{\text{on}}/\tau_{\text{cycle}} \sim 6\% \ T_{\infty,4}^{1/2}$. During the quiescent phase in the accretion cycle the gas accumulates in a dense shell in front of the H II region rather than accreting directly onto the BH. As the luminosity decreases after the burst, the density inside the H II region also decreases because is pushed outward by a pressure gradient, thus maintaining the I-front radius nearly constant. Eventually the density and pressure
inside the H II region cannot sustain the weight of the dense shell that collapses producing a burst of accretion. The cycle repeats regularly. If $n_{H,\infty} > n_{H,\infty}^{\text{cr}}$ (mode-II) the cycle is qualitatively different: the duty cycle is about $f_{\text{duty}}^{\text{II}} \gtrsim 50\%$ and the peak accretion rate is only a few times the mean. There is no collapse phase of the dense shell and the H II region remains roughly stationary while the accretion rate oscillates. The physical motivation for mode-II accretion is that the timescale for the depletion of the gas inside the H II region becomes dominated by accretion onto the BH. Only for mode-II accretion the BH growth rate can approach the Eddington limit, given that the density exceeds the critical density

$$n_{H,\infty}^{\text{Edd}} \sim \frac{4 \times 10^6 \, \text{cm}^{-3}}{M_{\text{bh},2}} T_{\infty,4}^{-1} \eta^{-1}. \quad (6.2)$$

For nearly all realistic cases $n_{H,\infty}^{\text{Edd}} \gtrsim n_{H,\infty}^{\text{cr}}$.

For $M_{\text{bh}} = 100 \, M_\odot$, at densities $10^5 \, \text{cm}^{-3} \leq n_{H,\infty} \leq n_{H,\infty}^{\text{Edd}}$ the mean accretion rate onto the BH, in units of the Bondi rate is $\langle \dot{\lambda}_{\text{rad}} \rangle \sim 1\% T_{\infty,4}^{2.5} (\bar{E}/41 \, \text{eV})^{-1}$, independent of all the other parameters. For $n_{H,\infty} < 10^5 \, \text{cm}^{-3}$ instead, $\langle \dot{\lambda}_{\text{rad}} \rangle \sim 1\%(n_{H,\infty}/10^5 \, \text{cm}^{-3})^{1/2} T_{\infty,4}^{2.5} (\bar{E}/41 \, \text{eV})^{-1}$, depends weakly on the gas density. One caveat is that in Paper I the dependence on the free parameters of the transition density $10^5 \, \text{cm}^{-3}$ has been only partially explored. As shown in Figure 4.4 of the present paper, the simulation results are consistent with a transition density inversely proportional to the BH mass. Hence, if $10^5 M_{\text{bh},2}^{-1} \, \text{cm}^{-3} \leq n_{H,\infty} \leq n_{H,\infty}^{\text{Edd}}$ the mean accretion rate is proportional to the thermal pressure $n_{H,\infty} T_{\infty}$ of the ambient gas:

$$\langle \dot{M} \rangle \approx (4 \times 10^{18} \, \text{g s}^{-1}) M_{\text{bh},2}^2 \left( \frac{n_{H,\infty}}{10^5 \, \text{cm}^{-3}} \right) T_{\infty,4} \left( \frac{\bar{E}}{41 \, \text{eV}} \right)^{-1}. \quad (6.3)$$

If $n_{H,\infty} > n_{H,\infty}^{\text{Edd}}$ then $\langle \dot{M} \rangle = L_{\text{Edd}} (\eta c^2)^{-1}$. The duty cycle is

$$f_{\text{duty}} = \begin{cases} f_{\text{duty}} \approx 6\% T_{\infty,4}^{1/2} & \text{if } n_{H,\infty} \leq n_{H,\infty}^{\text{II}} \\ f_{\text{duty}}^{\text{II}} \gtrsim 50\% & \text{if } n_{H,\infty} > n_{H,\infty}^{\text{II}}, \end{cases} \quad (6.4)$$
and the maximum accretion luminosity which depends on the duty cycle thus is,

$$\frac{L_{\text{max}}}{L_{\text{Edd}}} \approx \min \left[ 1, \mathcal{A}_{-1} \eta_{-1} M_{\text{bh,2}} \left( \frac{n_{\text{H,\infty}}}{10^5 \text{ cm}^{-3}} \right) T_{\infty,4} \left( \frac{E}{41 \text{ eV}} \right)^{-1} \right], \quad (6.5)$$

where $L_{\text{Edd}} = 1.3 \times 10^{40} M_{\text{bh,2}} \text{ erg s}^{-1}$, and

$$\mathcal{A} = \begin{cases} 
\mathcal{A}^I \approx 0.5 T_{\infty,4}^{-1/2} & \text{if } n_{\text{H,\infty}} \leq n_{\text{H,\infty}}^{\text{cr}} \\
\mathcal{A}^{II} \approx 0.06 & \text{if } n_{\text{H,\infty}} > n_{\text{H,\infty}}^{\text{cr}} 
\end{cases} \quad (6.6)$$

The cycle of the oscillations also falls into two regimes:

$$\tau_{\text{cycle}} = \begin{cases} 
\tau_{\text{cycle}}^I \approx (0.1 \text{ Myr}) M_{\text{bh,2}}^{2/3} \eta^{-1/3} n_{\text{H,\infty}}^{-1/3} \left( \frac{E}{41 \text{ eV}} \right)^{-3/4} & \text{if } n_{\text{H,\infty}} \leq n_{\text{H,\infty}}^{\text{cr}} \\
\tau_{\text{cycle}}^{II} \approx (1 \text{ Gyr}) \eta^{-1} \left( \frac{n_{\text{H,\infty}}}{1 \text{ cm}^{-3}} \right)^{-1} \left( \frac{E}{41 \text{ eV}} \right)^{-7/8} & \text{if } n_{\text{H,\infty}} > n_{\text{H,\infty}}^{\text{cr}}.
\end{cases} \quad (6.7)$$

The astrophysical applications of this model are innumerable and are beyond the aim of this paper to discuss them in detail. However, one of the most obvious results is that the luminosity of an accreting BH should be smaller than the value inferred applying the Bondi formula. Not only because the mean accretion rate is always $\lesssim 1\%$ of the Bondi rate, but also because if $n_{\text{H,\infty}} < n_{\text{H,\infty}}^{\text{cr}}$, 94% of the time is about 5 orders of magnitude lower than the Bondi rate inferred from the ambient medium temperature and density. Thus, this simple arguments could have interesting consequences to interpret the observed quiescence of SMBH in ellipticals and Sgr A*. Also, the duty cycle of $\sim 6\% T_{\infty,4}^{1/2}$ we found for mode-I accretion is interestingly close to the fraction of galaxies with AGNs $\sim 3\%$ found deep field surveys (e.g., [Luo et al. 2011, Steidel et al. 2002]). For SMBHs of about $10^6 M_\odot$, $n_{\text{H,\infty}}^{\text{cr}} \sim 500 \text{ cm}^{-3}$.

The results of this study provide a first step to estimate the maximum X-ray luminosity and period of oscillations of an accreting IMBH from a medium with given physical conditions. In this thesis, we also found that IMBH can grow at near
the Eddington limit if \( n_{H,\infty} > \max(n_{H,\infty}^{\text{Edd}}, n_{H,\infty}^{\text{cr}}) \). This has potentially important consequences on the ability of seed IMBH from Population III stars to grow by accretion into SMBH during the first gigayears of the universe age. This possibility seemed precluded if the duty cycle of the burst was 6% as found in previous works. Finally, although the nature of ULXs is unknown, there are indications that they may host an IMBH (e.g., [Strohmayer and Mushotzky 2009]). An IMBH accreting from an interstellar medium (ISM) with high pressure such as dense molecular cloud \( (n_{H,\infty}T_{\infty} \sim 10^5–10^7 \, \text{cm}^{-3} \, \text{K}) \) would be \( L^{\text{max}} \sim 10^{37–39} \, \text{erg} \, \text{s}^{-1} \) for \( M_{\text{bh}} = 1000 \, M_{\odot} \), that is comparable to the luminosity of ULXs. However, this assumes that the IMBH is at rest with respect to the ISM. Clearly, more work is needed to address each of the aforementioned topics in detail, but the basic groundwork presented in the present paper may allow the re-visititation of a few longstanding problems still unsolved in astrophysics.

### 6.2 Radiation-regulated accretion onto Black Holes in Motion

In Chapter 5 we have focused on the effect of motion of BHs relative to surrounding gas. The followings are the key findings.

- The quasi-periodic oscillation of the accretion rate and size of the Strömgren sphere observed for stationary BHs are only observed for subsonic motions, and we find a distinct axisymmetric hydrodynamic structure in the supersonic regime. A dense shell develops in front of the H II region in the upstream direction and the size of the H II region in the downstream direction becomes elongated, being proportional to the velocity of the gas outside Strömgren sphere \( v_{\infty} \).
We find that the accretion rate decreases as a function of Mach number for subsonic motion, and surprisingly increases with increasing $\mathcal{M}$ in the range of Mach numbers $1 < \mathcal{M} < \mathcal{M}_{\text{cr}}$. The accretion rates peak at the critical Mach number $\mathcal{M}_{\text{cr}}$ and keep decreasing for $\mathcal{M} > \mathcal{M}_{\text{cr}}$ becoming similar to the Bondi-Hoyle-Lyttleton solution, which does not consider the effect of radiative feedback. We show that the accretion rate as a function of Mach number can be understood well due to the formation of dense shell in the upstream direction which changes the density and velocity of the gas behind the I-fronts. An isothermal shock and a $D$-type I-fronts are the key elements to model the accretion.

The time-evolutionary pattern of accretion rate at different Mach numbers shows a strong dependence on the ambient gas densities. We find steady solutions for simulations with high density ($n_{\text{H,}\infty} = 10^5 - 10^6 \text{ cm}^{-3}$) at all Mach numbers. For intermediate densities ($n_{\text{H,}\infty} = 10^3 - 10^4 \text{ cm}^{-3}$), we find intermittent bursts of accretion rate in the Mach number range ($2.5 \lesssim \mathcal{M} \lesssim \mathcal{M}_{\text{cr}}$). The oscillatory behavior of accretion rate is due to formation/destruction of the dense shell in the upstream direction. We observe the formation of a weak shell for lower density regime $n_{\text{H,}\infty} \lesssim 10^2 \text{ cm}^{-3}$. For $\mathcal{M} > \mathcal{M}_{\text{cr}}$ at all densities, the dense shell does not form providing steady accretion rates.

The critical Mach number $\mathcal{M}_{\text{cr}}$ where the accretion rate peaks can be translated to the corresponding critical velocity which is approximately twice of the sound speed inside the Strömgren sphere. We find that the critical velocity is $v_{\text{cr}} \sim 50 \text{ km s}^{-1}$ for $T_{\text{in}} = 6 \times 10^4 \text{ K}$.

As mentioned in Chapter 1, the nature of axis-symmetric flow is not stable. Interestingly, most of the instabilities developing in the downstream direction dis-
cussed in the literatures do not affect much the accretion rate onto BHs because the effective Bondi radius inside the ionized region is smaller than the typical distance at which these features develop.

Also Rayleigh-Taylor or Kelvin-Helmholtz instabilities or radiation hydrodynamical instabilities of the I-front along the dense shell in the upstream direction does not grow for low Mach numbers due to the stabilizing effect of a pressure gradient inside the Strömgren sphere. The pressure gradient stabilizes the dense shell structure when the accretion rate is steady. However, if the dense shell breaks down due to instabilities in the I-fronts (see \cite{Whalen and Norman 2011}) as shown in some simulation $n_{H,\infty} = 10^3–10^4$ cm$^{-3}$, clumpy structures develop rapidly as shown in Figure 5.10 amplified by a fraction of ionizing photons escaping the shell. Then some of the clumpy structure is accreted onto the BHs boosting the luminosity which produces an accelerating I-front helping to reform a dense shell. The phenomena is also interesting since the luminosity at the moment of the bursts is $\sim 5$–$10$ times larger than the average luminosity depending on the density of the shell, and thus the Mach number. The stability of dense shell in the upstream direction depends strongly on the gas density as we have seen in simulations with different densities. The sharpness of the I-fronts might explain the density dependence of the stability since higher density gas forms thicker shell with a sharper jump of density, and thus a stiffer pressure gradient which more efficiently suppresses the development of instabilities inside the I-fronts. The column density of the shell can also affect the instability since the column density of the thinner parts of the shell for higher density is large enough to trap the photons inside the shell.
Appendix A

Code Evaluation

A.1 Basic Tests of the Code

We test the Bondi accretion formula using ZEUS-MP for the adiabatic indexes $\gamma = 1.2, 1.4$ and $1.6$. For a given equation of state, the sonic point where the gas inflow becomes supersonic must be resolved not to overestimate the accretion rate $\lambda_B$. Figure A.1 shows the steady accretion rate as a function of the radius at the inner boundary normalized by the Bondi radius. Different lines show results for $\gamma = 1.2, 1.4$ and $1.6$.

We also test whether our radiative transfer module produces radii of the Strömgren spheres in agreement with the analytical prediction: $(4\pi/3)R_s^3n_en_H\alpha_{rec} = N_{ion}$, where $R_s$ is the Strömgren radius and $N_{ion}$ is the number of ionizing photons emitted per unit time. Figure A.2 shows the test of the 1D radiative transfer module without hydrodynamics. Different symbols indicate the radii for the different ionization fractions: $x_e = 0.99$ (circle), 0.90 (square), 0.50 (triangle).
Figure A.1: Simulated Bondi accretion rate($\lambda_B$) as a function of minimum radius with given adiabatic index $\gamma$ without radiative feedback. Dashed lines are analytically estimated values for each $\gamma = 1.2, 1.4$ and $1.6$. In order not to overestimate accretion rate sonic point should be resolved where the velocity of the inflowing gas becomes supersonic.

A.2 Radiative Transfer Module and Time Stepping

Our hydrodynamic calculation is performed using ZEUS-MP, returning the density and gas energy at each time step to the radiative transfer module. The operator-splitting method is applied to mediate between hydrodynamics and radiative transfer with a photon-conserving method. For each line of sight radiative transfer equations
Figure A.2: Test of Strömgren radius with given number of ionizing photons. Solid line is the prediction for the given number of ionizing photons from $10^{40}$ to $10^{50}$ s$^{-1}$. Triangle symbols represent location where ionization fraction of $n_H$ ($x_{HI}$) is 0.50. Squares are for $x_{HI} = 0.90$ and circles are for $x_{HI} = 0.99$.

are solved in the following order:

1. At the inner boundary, the average inflow mass flux $\dot{M}$ is calculated.
2. The mass flux is converted into accretion luminosity $L$, and thus into the number of ionizing photons for a given radiative efficiency $\eta$.
3. The photon spectrum is determined using a power law spectral energy distribution with the spectral index $\alpha$. We use up to 300 logarithmically spaced frequency bins for photons between 10 eV up to 100 keV.
4. The ordinary differential equation for time-dependent radiative transfer cool-
ing/heating and chemistry of the gas are solved using a Runge-Kutta or Semi-Implicit solver for each line of sight with a maximum of 10% error. Photo-heating, cooling for a given cooling function and Compton cooling are calculated.

5. The energy density and the abundances of neutral and ionized hydrogen are updated.

Parallelization is easily implemented in polar angle direction because radiative transfer calculations along each ray are independent of one another.

### A.3 Resolution Studies

We perform a resolution study to confirm that the number of grid zones does not affect the results. Number of zones from 384 to 768 are tested and they all show the similar outputs in terms of accretion rate at peaks, average accretion rate, decaying shape and the period between peaks. Figure A.3 shows that the details of the accretion rate history from simulations are not identical but the physical quantities which we are interested in (average accretion rate, peak accretion rate and period of the bursts) do not show significant deviation from each other. In general, a Courant number of 0.5 is used for most simulations, but we try a Courant number which is one order of magnitude smaller to investigate how the results are affected by reducing the hydro-time step by an order of magnitude. The chemical/cooling time steps are calculated independently by the radiation transfer module.
Figure A.3: Comparisons between simulations of $\eta = 0.1$, $M_{\text{bh}} = 100 \, M_\odot$, $n_{\text{H,\infty}} = 10^5 \, \text{cm}^{-3}$ and $T_{\infty} = 10^4 \, \text{K}$ with various resolution. Solid: 384 grid run. Dotted: 512 grid run. Long dashed: 768 grid run. Short dashed: 512 grid with Courant number of 0.05.


